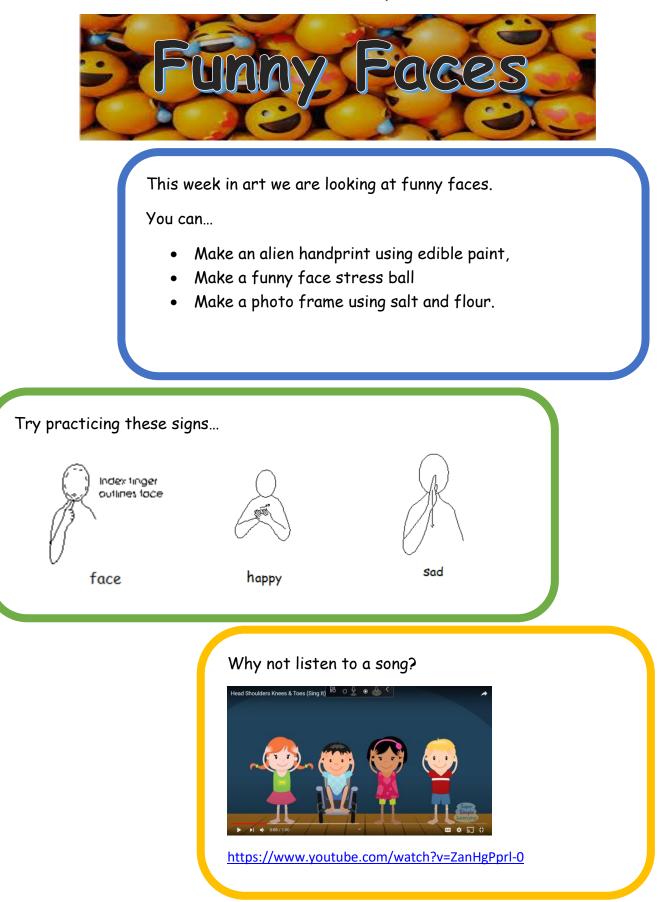
## Secondary Home education - Summer 1 - Week 5

Art and Creativity Session



#### <u>Activities</u>

Below you will find several suggested activities, please choose the ones which will best suit the needs and interests of your child.

## Handprint aliens with edible paint

Using edible paint means your child can enjoy the sensory experience of painting completely safely - it's especially good for those who like to explore paint with their mouth!

You will need:

- 2 cups of corn flour
- 1 cup of cold water
- 4.5 cups of boiling water
- Liquid food colouring
- Googly eyes
- Black pen





## First an adult should make the paint:

- Mix the cornflour with the cold water and stir together.
- Pour in the boiling water and stir. It should melt into a custard-like consistency.
- Separate the mixture into jam jars / cups and mix in the food colouring.

Enjoy exploring the paint using brushes, fingers, hands or feet - try making handprints or footprints.

When the paint is dry (the edible paint might take much longer to dry than usual) you can decorate them to make funny faces.

https://theimaginationtree.com/homemade-edible-finger-paint-recipe/

# Funny face stress ball

#### You will need:

- Balloons
- Flour
- Bottle
- Scissors
- Black pen
- Funnel (or rolled up paper)
- Wool

Why not try using rice, couscous or other dried beans or grains instead of flour to create different textures.

- 1. Use a funnel to pour some flour into an empty bottle.
- 2. Blow up a balloon and hold the neck tightly to prevent it from deflating. Then pull the neck around the top of the bottle.
- 3. Carefully tip the bottle to pour the flour into the balloon.
- 4. Hold the neck of the balloon, then pull it off the bottle. Slowly deflate the balloon until all of the air has gone, then tie in a tight knot.
- 5. Wrap some wool around your fingers about 50 times to create a loop. Then tie another piece of wool around the centre of the loop and cut the ends. Use two ends of the wool to tie it around the knot of the balloon to make the hair.
- 6. Use a black pen to draw a face onto the front of the balloon.

https://www.bakerross.co.uk/craft-ideas/kids/funny-face-stress-ball/

# Salt dough photo frame

# What do you need?

- 2 cups of plain flour
- 1 cup of salt
- 1 cup of water (or less)

Follow the instructions in the next pages to make it yourself:

# COMMUNICATE IN PRINT INSTRUCTIONS FOR SALT DOUGH MAKING



Once the salt dough is ready, you will need:

- A funny face photo or selfie
- A knife (and support from an adult)
- A hart/star/round shaped cake cutter
- Paint and PVA glue

How to make a salt dough handprint frame:

- 1. Once your dough is ready flatten your salt dough until it is about 1cm thick.
- 2. Press your hand into the salt dough to make a handprint (or ask an adult for help)
- 3. Ask an adult to cut around the handprint with a sharp knife

4. Cut a heart shape (or any different shape) out of the handprint using a biscuit cutter or a glass.

5. Leave your salt dough to dry. You can dry the salt dough out by putting it in the oven at a low temperature for a few hours or you can leave it in a warm room for a couple of days.

6. Once the salt dough is completely dry paint your handprint frame if you wish or leave it natural.

7. Seal your creation (this is important if you want your keepsake frame to last) using PVA glue or varnish.

8. Glue a small photograph behind the heart cut out.

9. You might want to glue on a picture hook if you want to hang your photo frames up or add a strong magnet if you want them to go on your fridge.



#### COMMUNICATE IN PRINT INSTRUCTIONS FOR SALT DOUGH MAKING

$\begin{array}{c} & & & \\ & & & \\ \hline \\ Mix & 2 & Cups & of & Flour \end{array}$
and 1 Cup of Salt Together
Add 1 Cup of Water
0000 - Contraction of the Mixture into dough
Have Fun

#### COMMUNICATE IN PRINT INSTRUCTIONS FOR PHOTO FRAME

► B → → → → → → → ► ► ► ► ► ► ► ► ► ► ►
Press Your Hand into the Dough
Cut Around the Hand Print with a Knife
Cut a Heart Shape Out
Leave the Salt Dough to Dry
1 S IN Paint Your Hand Print Frame
Once Dry Paint Your Hand Print Frame
Once Dry Paint Your Hand Print Frame

# <u>Extension</u>

• Decorate some funny glasses, dress up and take a selfie!

