

Story time books:

- ① Ask your child to choose what they'd like to read. They'll feel more interested in the story if they've picked it out themselves. (And don't worry if they keep returning to the same story, either!)
- ① If you can, turn off the TV, radio, and computer. It's easier for both of you to enjoy the story without any other distractions.
- ① Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- ① Look at the pictures. You don't just have to read the words on the page. Maybe there's something funny in the pictures that you can giggle about together, or perhaps your child enjoys guessing what will happen next.
- ① Ask questions and talk about the book. Picture books can be a great way to talk through your child's fears and worries, or to help them deal with their emotions. Give them space to talk and ask how they feel about the situations in the story.
- ① Have fun! There's no right or wrong way to share a story – if you and your child are having fun. Don't be afraid to act out situations or use funny voices.