

## Home education – Summer 1 – weeks 1 and 2

### PSHE (Personal, Social, Health and Economic Education)

Washing hands is a routine part of our day and has become ever so important during current times, however, some of us experience hand washing as a challenging experience and so I thought we could explore some fun and motivating ways to encourage more pleasurable hand washing!



Wash your hands for 20 seconds, as long as it takes to sing Happy Birthday ☺

Find visuals to put up in the bathroom:

<http://resources.sparkleboxres.co.uk/sb2832.pdf>

### Soap and Water Activities

1. Helping dolly to wash her/his hands.
2. Car wash activity
3. Baby shark using lots of bubbles and a basin of water.

<https://www.youtube.com/watch?v=lpEKI0UPZ7Y>

<https://www.youtube.com/watch?v=kiWnA30gLZk>

### Soap Experiment

You will need:

**Water**  
**Pepper**  
**soap**



[https://www.youtube.com/watch?v=KirHm\\_sYfi](https://www.youtube.com/watch?v=KirHm_sYfi)

### When to wash your hands!

before eating



after using the toilet



after blowing your nose



before cooking



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