

# Stage 2: Attention Builder

This part should be visually stimulating activities that are shown to the child/young adult by the adult, aiming to sustain attention for a longer period. The activities are fun, visually engaging and can often involve delightful mess!

- **Glitter Teacups** – Shaving foam cakes, spray food colour, pebble on top for cherry and SPLAT!
- **Sandstorm** – Have a bucket or container with coloured sand in and let it pour into a container.
- **Foam Squish** – Have a large Ziplock bag and spray in shaving foam. Then add different colour paint and mix them together between your hands.
- **Space Splat** – Pour water into shot glasses and add some food colouring. Dip cotton wool into the water and throw them onto white paper!
- **Growing flowers** – Place a flowerpot down on its side and then get some green paint and squeeze it to make the flower stem grow! Then at the top place a fake flower or some tissue tied to make a flower!
- **Stacking Cups** – Use the paper cups and stack them up counting out to 10 and then say, 'ready steady GO' and knock them down!
- **Bubble Sock** Have a bottle ready made with the end cut off, attach a cloth to the cut end with an elastic band then dip this part into soapy water and blow through the top of the bottle to make the bubbles come out!
- **Lemonade Fountain** - Large black tray. Open lemonade bottle and pour some food colouring inside-watch it swirls down. Pour in another colour and watch them mix. Put the lid back on firmly, shake well. Count 1...2...3...and open it- "Lemonade fountain!".
- **Feather race** Lay out black material/paper. Make a start line out of glitter. Line up the feathers and say, 'On your marks, get set, GO!' Blow the feathers through a straw to the finish line and celebrate!

