








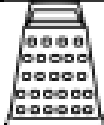


>>> RECIPE
II

SIMPLE SALAD

recipe


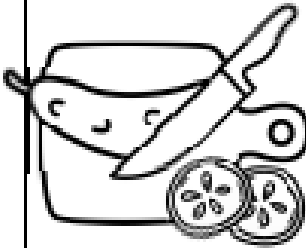

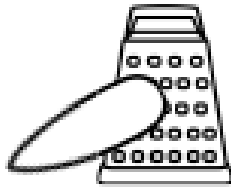
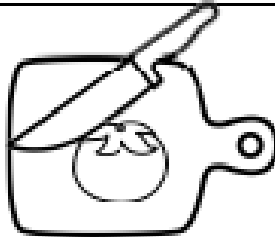

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INGREDIENTS AND TOOLS LIST		
	Salad Greens- such as lettuce, spinach, romaine	<input type="checkbox"/>
	Cucumber	<input type="checkbox"/>
	Tomato	<input type="checkbox"/>
	Carrot	<input type="checkbox"/>
	Salad Dressing	<input type="checkbox"/>
	Knife	<input type="checkbox"/>
	Peeler	<input type="checkbox"/>
	Grater	<input type="checkbox"/>
	Large Bowl	<input type="checkbox"/>
	Cutting Board	<input type="checkbox"/>

SIMPLE SALAD

recipe

STEPS TO COMPLETE			
1	Tear the Salad Greens into bite sized pieces and place into the bowl.		<input type="checkbox"/>
2	Wash and peel the cucumber. Place the cucumber onto a cutting board. * Use the knife to slice circle pieces. Place the slices into the bowl. * Be sure to have an adult's supervision and assistance.		<input type="checkbox"/>
3	Wash the carrot. Use the shredder to peel off the top layer.		<input type="checkbox"/>
4	Hold the carrot with one hand and the grater with the other. Grate the carrot using downward motions. Place the shredded pieces into the bowl.		<input type="checkbox"/>
5	Wash the tomato. Place the tomato onto the cutting board. *Use a knife to slice. Place the tomato pieces into the bowl. * Be sure to have an adult's supervision and assistance		<input type="checkbox"/>
6	Serve with Salad Dressing.		<input type="checkbox"/>