

## Train yourself up in some of our techniques!

### TACPAC

<https://tacpac.co.uk/parents> - info for parents on what TACPAC is and how it has helped children and their families.

<https://www.youtube.com/watch?v=6xBhMd20vyE> – example of one of the TACPAC sets. Most of the TACPAC tracks are made to be super accessible for materials that are in your homes e.g. using marbles, spatulas, fans.

<https://tacpac.co.uk/tacpac-app> - you can download the TACPAC app, where you can buy the tracks and packs. (top tip: Handipac is resource free – you just need your hands!)

- ✓ Handipac needs no resources
- ✓ Most resources can be found inside the family home

### Attention Autism

<http://ginadavies.co.uk/parents-services/professional-shop/> - info for parents on what Attention Autism is.

<https://www.youtube.com/watch?v=FWJhJF8ES0> – How to use the attention bucket.

<https://www.youtube.com/watch?v=NMEhkD0W5Z8&t=209s> – attention autism phase 1-3.

<https://www.facebook.com/ginadaviesautism> - ideas shared on Facebook by Gina Davies (the founder of Attention Autism)

- ✓ Need a box/bucket with a lid and some exciting toys or resources
- ✓ Phase 2 and 3 – get creative with things you have in the house!

### Makaton Sign

<https://www.youtube.com/user/SingingHandsUK> - great to help you learn some simple signs and motivating for children too.

[https://www.google.co.uk/search?q=makaton+signs&sxsrf=ALeKk01iR7mcidaFkjgEQr16WhdsIHmPHw:1584973445906&source=lnms&tbm=isch&sa=X&ved=2ahUKEwjey-KZ5rDoAhU2VRUIHc7MBa0Q\\_AUoAXoECA0QAw&biw=1707&bih=809&dpr=1.13](https://www.google.co.uk/search?q=makaton+signs&sxsrf=ALeKk01iR7mcidaFkjgEQr16WhdsIHmPHw:1584973445906&source=lnms&tbm=isch&sa=X&ved=2ahUKEwjey-KZ5rDoAhU2VRUIHc7MBa0Q_AUoAXoECA0QAw&biw=1707&bih=809&dpr=1.13) – Some Makaton signs on google images.

- ✓ Makaton is a charity and resources are hard to come by for free. Use Youtube 'singing hands' for songs and some basic Makaton sign.
- ✓ Free and no resources needed

### Intensive Interaction

<https://www.youtube.com/watch?v=AwoFKHiCSWU> – What is it?

<https://www.intensiveinteraction.org/> - info for parents on what Intensive Interaction is and how it has helped children and their families.

- ✓ No resources needed