

LEARNING WITHOUT WORKSHEETS

Challenge

A 5-day learning challenge for preschoolers with no worksheets whatsoever!

ACTIVITY CHECKLIST

GET SUPPLIES READY

Monday
DAY 1:

SORTING

Tuesday
DAY 2:

**PATTERNS &
COLORS**

Wednesday
DAY 3:

**NAME &
LETTERS**

Thursday
DAY 4:

EXPERIMENT

Friday
DAY 5:

COUNTING

Bonus
DAY 6:

FAMILY DAY

DAILY CHECK-IN: After you complete an activity, post a photo on Instagram and the private Facebook group to check in with me and the Hands On As We Grow community! Use the hashtag:

#LearningWithoutWorksheets

THEACTIVITYROOM.COM

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A 5-day learning challenge for preschoolers with no worksheets whatsoever!

SUPPLY CHECKLIST

- markers (any)
- nature (pine cones, sticks, leaves, rocks, flowers, etc)
- colored paper (any)
- 3 containers (big enough to hold the nature)
- glue
- scissors
- sidewalk chalk
- paintbrushes (the larger the better)
- water
- coat hanger
- hole puncher or knife (for parents)
- 2 paper plates
- string or yarn (a few feet)
- various objects from around the house (legos, snacks, small toys, pine cones)

LEARNING WITHOUT WORKSHEETS *tricks*



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DAY
7



NATURE SEEK & SORT

SUPPLIES:

- markers
- nature
- paper
- small dishes/bowls

1

Set out three bowls each with a card labeling it as "sticks," "rocks," and "leaves."

2

Go on a hunt to collect sticks, rocks, and leaves from nature.

3

Sort the nature into their corresponding bowls.

TIPS:

Be creative with your three bowls, they could be anything such as "green," "brown," or "flowers."

You may want to leave the labels off the bowls at first and see how your child labels their findings. They may find similarities you didn't see. Be sure to talk about it.

Repeat with different labels of categorization!



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DAY
2



MOSAIC PATTERNS

SUPPLIES:

- colored paper
- glue
- scissors

1

Cut colored paper into small squares.

2

Make a line of glue across the top of the paper.

3

Arrange the colored squares onto the glue. Fill up the rest of the paper with colorful squares!



TIPS:

For kids that are working on their scissor skills, cut the paper into strips and let them cut it into squares.

Older children can create patterns out of the colored squares - work on those early math skills!

Don't be discouraged if your child only wants to do 1 or 2 lines of paper - it's totally okay!

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DAY
3



TRACE TO ERASE NAME

SUPPLIES:

- chalk
- container
- paintbrushes
- water

1

Write their name on the sidewalk in chalk.

2

Paint with water to erase the name!

3

Do it again with family members' or friends' names!



TIPS:

You can also do this with letters, numbers, or sight words - whatever your child is working on right now!

After erasing the letters, kids love to paint the house with water!

If your child isn't quite ready to trace letters, you can try chalk lines or just let them play with the water and paintbrush!

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DAY
4



COAT HANGER BALANCE

SUPPLIES:

- coat hanger
- hole puncher or knife
- paper plates
- string or yarn
- various objects from around the house

1

Punch a hole on the sides of a paper plate and tie a string in each to attach (do this with 2 plates).

2

Attach other end of each string to each side of coat hanger.

3

Gather small objects to fill each plate to balance the coat hanger!

TIPS:

Show your child what it looks like to be balanced before starting.

Balance a broom or long stick between two chairs to hang the coat hanger balance from.

Make it a game and take turns filling up the first plate to have the other balance it.

Older kids can compare 5 objects of one kind (Legos) to 5 objects of another kind (pom poms) and see what's heavier. Make a chart with your findings.



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DAY
5



HOW TALL ARE YOU?

SUPPLIES:

- various objects from around the house

1

Gather several of the same item (blocks, rocks, pine cones, etc.)

2

With your child laying down, line up the objects beside them.

3

Count the objects to see how tall your child is. "You are 20 pine cones tall!"



TIPS:

Switch places with your child and let them measure you!

For older children, measure several things and talk about which is longer (5 rocks or 10 rocks).

What else can you measure? Find things around the house or take it outside!