



#### What Is Finger Gym?

Finger Gym is a comprehensive programme of developmental activities to improve fine motor skills, language and handwriting. It helps to develop strong, flexible fingers, hands and arms. It promotes better hand-eye co-ordinations, differentiated movement and manual dexterity.

# squeeze



### Patting Playdough



#### Rolling between hands



## Pinch



# Rolling into small balls



# Isolate Finger



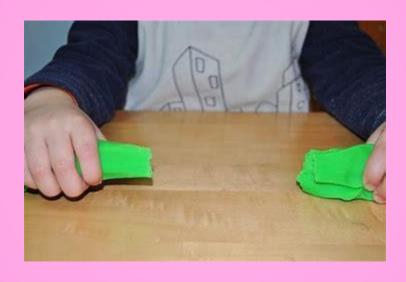
# Squeeze



#### Roll with Both Hands



## Pull Apart



## Roll on table



#### Roll between Hands



# Push



## Roll with Both Hands



## Push with finger



## Roll Into Ball



#### Transfer from Hand to Hand



## Roll In hands



## Squeeze



# Thank you

The End