

# WILSONJONES

*Simply Fresh*

Additional choices available throughout the week include jacket potatoes with a selection of fillings, crusty bread, a selection of salads and fresh fruit.

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK 1 Commencing

12th November  
3rd December  
31st December  
21st January  
11th February  
11th March  
1st April

Chicken Burger  
in a Bun

Freshly Baked  
Margherita Pizza

Baked Potato Wedges  
Sweetcorn - Baked Beans

Apple & Cinnamon  
Crumble with Custard

Mild Mexican Beef  
Chilli Con Carne

Roasted Vegetable  
Chilli

Braised Rice  
Carrot Batons - Garden Peas

Banana & Sultana  
Flapjack

Roast Pork, Sage & Onion  
Stuffing with Gravy

Baked Vegetable  
Samosa

Roast Potatoes  
Sweetcorn - Root Vegetables

Blackberry & Apple Sponge  
with Custard

Spaghetti & Meatballs

Quorn Meatballs  
& Tomato Pasta

Garlic & Herb Slice  
Green Beans - Carrots

Tropical Fruit  
Jelly

Crispy Baked  
Fish Fingers



Mature Cheddar  
& Caramelised Onion Puff

Chips  
Garden Peas - Baked Beans

Chocolate Sponge  
& Chocolate Custard

### WEEK 2 Commencing

29th October  
19th November  
10th December  
7th January  
28th January  
25th February  
18th March

Beef Ragu  
with Pasta

Mediterranean Veg Ragu  
with Pesto Spaghetti

Garlic & Herb Slice  
Garden Peas - Carrots

Wholemeal Spiced Pear  
& Ginger Cake with Custard

Sizzling Pork Sausages  
& Gravy

Vegetarian Sausages  
& Gravy

Creamy Mashed Potatoes  
Sweetcorn - Broccoli

Creamy Rice Pudding  
with Fruit Topping

Roast Beef, Yorkshire Pudding  
with Gravy

Quorn Fillet, Yorkshire  
Pudding & Gravy

Roast Potatoes - Garden Peas  
Carrot & Cumin Crush

Choco-Orange  
Oaty Cookie

Southern Baked  
Chicken

Mixed Bean  
Enchilada Bake

Tomato Rice  
Broccoli - Sweetcorn

Tropical Pineapple Cake  
& Toffee Sauce

Battered Fish  
or Salmon Fish Fingers



Roasted Vegetable  
Pizza

Chips  
Garden Peas - Baked Beans

Mandarin Jelly

### WEEK 3 Commencing

5th November  
26th November  
17th December  
14th January  
4th February  
4th March  
25th March

Freshly Baked Chicken  
Pizza

Veggie Burger in a Bun  
with Tomato Ketchup

Herby Diced Potatoes  
Baked Beans - Green Salad

Yummy Fruity  
Flapjack

Classic Shepherds Pie

Macaroni Cheese  
with Garlic & Herb Slice

Sweetcorn  
Carrot Batons

Eves Apple Pudding  
& Vanilla Cream

Roast Chicken, Sage & Onion  
Stuffing with Gravy

Roasted Mediterranean  
Vegetable Wellington

Roast Potatoes  
Glazed Parsnips - Garden Peas

Pineapple & Coconut  
Crumble with Custard

BBQ Chicken  
Pasta Bake

BBQ Beans & Veggies  
Pasta

Herby Focaccia  
Green Beans - Carrots

Very Berry  
Jelly

Crispy Baked  
Fish Fingers



Creamy Vegetable  
Korma

Chips  
Garden Peas - Baked Beans

Chocolate & Mandarin Sponge  
with Custard



Seafood with this mark comes from an MSC certified sustainable fishery.  
[www.msc.org](http://www.msc.org)

If you have any questions or queries, please give us a call at 0208 090 1275  
Alternatively you can email us at [info@wjccatering.co.uk](mailto:info@wjccatering.co.uk)