

Home Education – Summer 1

Attention Autism

For parents/carers:

What is attention autism?

Attention Autism is an intervention model designed by Gina Davies, Specialist Speech and Language Therapist. It aims to develop natural and spontaneous communication through the use of visually based and highly motivating activities.

Attention autism has 4 stages:

We use a whiteboard to explain what is going to happen in the session:

https://www.youtube.com/watch?v=3_iGTLToK3U&t=116s

- **Stage 1: Bucket**
<https://www.youtube.com/watch?v=uMOHFFtcQA>
- **Stage 2: Attention Builder**
<https://www.youtube.com/watch?v=Dso46R2bOEQ>
- **Stage 3: Turn taking activities**

The adult leader demonstrates a simple activity, often modelled with another adult in the group. Some children are then invited to have a turn but only if they are comfortable to do so. Not every child in the group will get a turn, which then teaches important emotional regulation skills, as well as the essential skills of waiting, turn-taking and learning through modelling.

Example: <https://www.youtube.com/watch?v=L0se11EaRaM> (From minute 4:53)

- **Stage 4: Independent work**
Stage 4 aims to develop the skill of engaging and shifting attention. The adult leader demonstrates a simple creative task, and then gives each child an individual kit to copy the task. The children take their kits to a table, complete the task independently, and then everyone returns to the group to show their completed tasks.
Example: An adult makes a Lego tower and gives one set of Lego pieces to child/young adult to recreate the Lego tower individually. Once the child young adult has finished, she/he returns to the adult to show the completed task.

What to do when watching an Attention Autism session video with your child/young adult:

- <https://www.youtube.com/watch?v=hkrix1uAF5w>



For students:

Follow the links below for Attention Autism sessions by Gina Davies:

- Stage 1 and 2- Sunflowers
<https://www.youtube.com/watch?v=2EplqgmSx5w>
- Stage 1 and 2- Spinning chick!
<https://www.youtube.com/watch?v=Tu7UqQzxpD8>
- Stage 1 and 2: Spring
<https://www.youtube.com/watch?v=9PGq1q0JAWk>
- Stage 1: Gardening
<https://www.youtube.com/watch?v=TfOOGJ9wyYk>
- Stage 1 and 2: Coughing:
<https://www.youtube.com/watch?v=Sl2E6i6BWrl>



Attention Autism at home

For Parents/Carers:

Using Attention Autism programme to help at home. Explaining the child/young adult what's going to happen each day- Active and visual timetable.

- <https://www.youtube.com/watch?v=OkFdydddWcU&list=PL8LYXYdFVswrDMyhKxh4ZTuGdMBVMV5qb&index=8&t=0s>
- <https://www.youtube.com/watch?v=1SBbofzKNxM&list=PL8LYXYdFVswrDMyhKxh4ZTuGdMBVMV5qb&index=6>

Stage 1 ideas:

<https://www.youtube.com/watch?v=gRqDVHqG75o>- Bucket at home.

- Use document 'bucket time at home' for ideas

Stage 2 ideas:

- Use document: 'stage 2 at home' for ideas

Stage 3 ideas:

- Use document: 'Stage 3 at home' for ideas

Stage 4 ideas:

- Use document: 'stage 4 at home' for ideas

