

Home Education – Summer 2
Attention Autism- Weeks 1 and 2
Secondary

Stage 1 and 2

School videos:

Check the following videos for Stage 1 and 2 on YouTube:

Video: Attention Autism Secondary- Week 1 with Isabel- Balloons

Video: Attention Autism Secondary- week 2 With Isabel- Animals



Gina Davies continues to upload videos on her YouTube channel – this is our favourite

<https://www.facebook.com/ginadaviesautism/videos/550987402286002/>

Phase 3 explained: <https://www.facebook.com/397002627100566/posts/1856851901115624/?vh=e&d=n>

Ideas to do at home:

Stage 1: (Remember your child does not handle the objects at this stage; this is the attention grabber).

	Activity	Resources and Key vocabulary
Weeks 5 and 6: 	Bucket time/Box time. Timing: 3-4 minutes. Song: 'I've got something in my bucket/box'.	<ul style="list-style-type: none"> • Bucket or box (with a lid) • White board (or piece of paper) and pen to draw. • Use 3 different toys in each session and change them every 2 sessions. • Words that describe the toys action e.g. flash, flash, flash or jump, jump, jump. • Expressions that show you like it e.g. wow, ooh, ahhh.

What could go into my bucket at home? – instruments, toys that move, make a noise, light up or spin; bubbles, scarves, bouncy balls or other objects from around the house that your child is interested in but otherwise would not be able to look at.

Stage 2 (remember that your child should not participate physically at this stage, however they may wish to join in verbally with key phrases. Taking part occurs at stage 3, please see below).

	Activity	Key words	Resources
Week 1: Balloon with baking soda and vinegar  It's going to be messy!	<ul style="list-style-type: none"> • Carefully pour the vinegar into the bottle • Loosen up the balloon by stretching it a few times and then use the funnel to fill it more than halfway with baking soda. If you don't have a funnel you can make one using paper and some tape. • Now carefully put the neck of the balloon all the way over the neck of the bottle without letting any baking soda into the bottle yet. • Lift the balloon up so that the baking soda falls from the balloon into the bottle and mixes with the vinegar. <p>https://www.youtube.com/watch?v=5mCcFzcClvE</p>	<ul style="list-style-type: none"> • Pour • Mix • Balloon • Blow • Big • Pop! • Finished 	Bottle- plastic Vinegar (70 ml) Baking soda Balloon Funnel Bowl Food colouring (to match the balloon colour)
Week 2: Animals and music 	<ul style="list-style-type: none"> • Place the black piece of paper on the middle of the big white paper. Say 'body' • Spray shaving foam on the middle of the body. • Place eyes • Place beak • Place feet • Say 'Penguin!' • Tidy up. 	<ul style="list-style-type: none"> • Spray • Animal • What would it be? • It is a penguin! • Tidy up • Finish 	Shaving foam Orange or yellow piece of paper for beak and feet Two googly eyes or paper eyes Shape of a penguin body using black paper. White paper for contrast.

Tidy up after the activity before going to the next stage

Below you will find several suggested activities, please choose the ones which will best suit the needs and interests of your child. The brown and orange boxes contain stage 4 activities which vary in complexity and should only be attempted if your child can sit through stages 1 and 2 and take part in stage 3.

Stage 3

The adult leader demonstrates a simple activity, often modelled with another adult in the group. The child/young person is then invited to have a turn. These activities are most engaging when they are big and messy. After the child/young person has had a turn they should move back to their seat and let you tidy up. If your child does not want to take a turn, simply tidy away and move on.

Activity	Key words	Resources	Activity:
<p>Week 1: Shaking balloon</p> 	<ul style="list-style-type: none"> • Shake, shake, shake • Shake it high, shake it low, shake it fast, shake it slow • put it on the floor • Finished • Tidy up • Balloon! • Blow. 	<ul style="list-style-type: none"> • Rice/dried peas/lentils • Balloon (big, if available) 	<ul style="list-style-type: none"> • Pour the rice into the empty balloon, blow it and tie it up. • Say 'blow, blow, blow' as you do so. • Say 'Shake it high, shake it low, shake it fast, shake it slow' x2, then 'put it on the floor'. (Use your full body to make big movements). • Offer your child a turn. • Then say 'Shake, shake, shake' and say the rhyme. • Once their turn is finished invite any of the other children/adults present to have a turn and then tidy the kit away.
<p>Week 2: Oh no, it's snowing on you!</p>  <p>It's going to be messy!</p>	<ul style="list-style-type: none"> • Ooh, ahh, huh? • Oh! It's snow! • Would you like a turn? • 'oh no, it's snowing on me/you (use same tune we use when we sing 'I have something in my bucket') 	<ul style="list-style-type: none"> • Flour • Umbrella • Chair 	<ol style="list-style-type: none"> 1. Place a chair in the middle of the room with an open umbrella on it. 2. Invite a child/adult to sit on the chair and to use the umbrella above his/her head. 3. Sing 'Oh no, it's snowing on (Name), snowing on (name), snowing on (name), oh no it's snowing on (name) snow, snow, snow. 4. Once their turn is finished invite any of the other children/adults present to have a turn and then tidy the kit away.

Tidy up after the activity before going to the next stage

Stage 4:

When your child is able to sit through stages 1 and 2, then participate in stage 3, they are ready for stage 4. These activities are simple, short activities that should be easily achieved independently.

1. Adult shows how to do activity.
2. Child/Young person repeats activity as independently as possible.
3. Adult checks activity and the child packs it away.

Activity	Key words	Resources	What to do
<p>Week 1: Funny faces: Finger paint balloon</p> 	<p>Dip Stamp Yellow Orange Pink Blue Green</p>	<p>Paint Paper Paper plate (to put paint on) Pen</p>	<ul style="list-style-type: none"> • On a white piece of paper draw a car, house or any small object. • Draw strings. • Pour different paint on a paper plate. • Using your fingertips, dip into the paint and stamp around the drawing. • Once finished, let your child/young adult know then offer a set for them to replicate. <p>More examples: click here</p>
<p>Week 2: Make 2 playdough birds.</p>  <p>Play Dough Birds craftulate.com</p> <p>If you don't have playdough- go to the last page of this document and you will find a recipe.</p>	<p>Eyes Beak Feet Feathers Bird</p>	<ul style="list-style-type: none"> • Playdough • Feathers (if you don't have feathers, you can also use pens or straws or leaves) • Googly eyes or paper eyes • Orange or yellow paper for beak and feet • Plate 	<ul style="list-style-type: none"> • Make a small ball rolling the playdough in your hands. • Place the ball on top of the plate. • Start placing the feathers on the sides of the playdough • Place the eyes • Place the beak • Place the feet • Say 'finished, it's a bird' • Once finished, offer a set for your child to replicate.

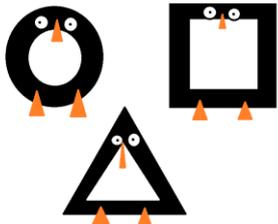
After they have finished and you have admired their work, tidy your set and ask them to tidy theirs.

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Activity	Key words	Resources	What to do
<p>Week 1: Balloon stamping</p> 	Stamp Colours Dip Mix	2 balloons Paper Paper plate 2 different paints	<ul style="list-style-type: none"> • Blow a balloon up • Pour paint on a plate or paper plate • You can mix the different paints or leave it for different colour stamps. • Press the balloon on the paint • Stamp the balloon with paint on a piece of paper. • Repeat until you have reached the desired result. • Once finished, let child/young adult know and offer a set for them to replicate.
<p>Week 2: Matching shapes</p> 	Match Circle Hexagon Square Circle Penguin Eyes Beck	4 different big shapes using black paper 4 smaller (same shape) white paper Orange or yellow paper for beak Googly eyes or eyes for the penguins. Piece of white paper.	<ul style="list-style-type: none"> • Place the different black shapes on top of white paper • Match the white shapes with the same black shape. • Place eyes • Place beak. • Say 'finished, it's a penguin' • Once finished, offer a set for them to replicate.

After they have finished and you have admired their work, tidy your set and ask them to tidy theirs.

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Homemade playdough recipe

You will need

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil

Method

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.
4. Store in a plastic sandwich bag (squeeze out the air) in the fridge to keep it fresh.

