

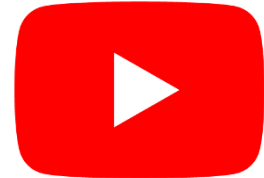
**Stage 1 and 2**

**School videos:**

Check the following videos for Stage 1 and 2 on YouTube:


Week 3-Lava: YouTube link- Attention Autism secondary- Lava

Week 4- Shapes: YouTube link- Attention Autism secondary- Shapes





**Ideas to do at home:**

**Stage 1:**

	Activity	Resources
<p>Weeks 3 and 4:</p> 	<p>Bucket time/Box time Song: 'I've got something in my bucket/box'.</p>	<ul style="list-style-type: none"> <li>• Bucket or box (anything with lid)</li> <li>• White board (or piece of paper) and pen to draw.</li> <li>• Use 3 different toys in each session and change them every 2 sessions.</li> </ul>

**Stage 2 (remember that your child should not participate physically at this stage, however they may wish to join in verbally with key phrases. Taking part occurs at stage 3, please see below).**

	Activity	Resources	Key words
<p>Week 3:</p>	<p><b>Stacking cups/blocks:</b> Use paper/plastic cups or blocks. Stack them up, counting out to 10. Then say, 'ready steady GO' and knock them down!</p> <p>Show how exciting this is and pause before you say 'GO' to allow your child to anticipate the action and join in with the excitement.</p>	<ul style="list-style-type: none"> <li>• Cups</li> <li>• Blocks</li> </ul> 	<ul style="list-style-type: none"> <li>• 'Short tower'</li> <li>• 'Long'</li> <li>• Small</li> <li>• Big</li> <li>• 3, 2, 1,</li> <li>• Up</li> <li>• Down!</li> </ul>
<p>Week 4:</p>	<p><b>Bubble Sock</b> Before the session prepare the bottle by cutting the bottom off and attach a cloth/sock to the cut end with an elastic band.</p> <p>Start the session by pouring some water and washing up liquid/liquid soap into a bowl. Blow through the top of the bottle – the aim is to make bubbles come out through the sock. Use the key vocabulary and show how much fun you are having.</p> <p><a href="https://www.youtube.com/watch?v=n_d7kFfYkjc">https://www.youtube.com/watch?v=n_d7kFfYkjc</a></p>	<ul style="list-style-type: none"> <li>• Sock or old cloth</li> <li>• Elastic band</li> <li>• Washing up liquid mixed with water</li> <li>• Bottle.</li> </ul> 	<ul style="list-style-type: none"> <li>• Dip</li> <li>• Blow</li> <li>• Long!</li> <li>• Bubbles</li> <li>• Pop!</li> </ul>

Below you will find several suggested activities, please choose the ones which will best suit the needs and interests of your child. The brown and orange boxes contain stage 4 activities which vary in complexity and should only be attempted if your child can sit through stages 1 and 2 and take part in stage 3.

### Stage 3

The adult leader demonstrates a simple activity, often modelled with another adult in the group. The child/young person is then invited to have a turn. These activities are most engaging when they are big and messy. After the child/young person has had a turn they should move back to their seat and let you tidy up. If your child does not want to take a turn, simple tidy away and move on.



Activity	Key words	Resources
<p><b>Week 3: Foam Splat</b> Spray shaving foam on paper into little mounds. Pour some glitter onto each mound and then get the children to splat – with their hand, fly swat or wooden spoon.</p>	<ul style="list-style-type: none"> <li>• Long</li> <li>• Short</li> <li>• Splat</li> <li>• My turn</li> <li>• Your turn</li> <li>• Finish</li> </ul>	<ul style="list-style-type: none"> <li>• Shaving foam/whipped cream.</li> <li>• Wooden spoon</li> <li>• Big piece of paper (if the piece of paper is white, try to put some colour on the shaving foam or whipped cream by adding food colouring).</li> </ul>
<p><b>Week 4: Bouncy balls</b> Have a tray with white paper at the bottom of it. Then have 3 different colour paints. Dip a ball into the paint and let it drop into the tray. Watch it bounce and make a pattern! This also works well with a slinky. After you have shown your child what to do, offer them a turn.</p>	<ul style="list-style-type: none"> <li>• Balls</li> <li>• Round</li> <li>• Circle</li> <li>• Drop</li> <li>• Bounce</li> <li>• More</li> <li>• Finished</li> <li>• My turn</li> <li>• Your turn</li> </ul>	<ul style="list-style-type: none"> <li>• White paper</li> <li>• Bouncy balls or any shaped object</li> <li>• Paint</li> <li>• Bowl with paint (You may need a plastic cloth to prevent the floor or table to get dirty as well as an apron)</li> </ul>



**Stage 4:**

**When your child is able to sit through stages 1 and 2, then participate in stage 3, they are ready for stage 4. These activities are simple, short activities that should be easily achieved independently.**



1. Adult shows how to do activity.
2. Child/Young person repeats activity as independently as possible.
3. Adult checks activity and the child packs it away.

Activity	Key words	Resources	What to do
<p><b>Week 3: Sorting</b> Long and short items This activity consists of sorting items of different length</p> 	<ul style="list-style-type: none"> <li>• Sort</li> <li>• Look</li> <li>• Copy</li> <li>• My turn</li> <li>• Your turn</li> <li>• Same</li> <li>• Different</li> <li>• Long</li> <li>• Short</li> </ul>	<ul style="list-style-type: none"> <li>• Short and long straws</li> <li>• Short and long leaves</li> <li>• Short and long pencils</li> </ul>	<p>Put some long and short straws into a box/tray (you could use strips of paper, pipe cleaners or lolly pop sticks). Sort the straws into 2 cups – long and short.</p>
<p><b>Week 4: Sorting</b> Model activity- offer your child 2 different shaped objects to sort</p> 	<ul style="list-style-type: none"> <li>• Square</li> <li>• Circle</li> <li>• Cube</li> <li>• Round</li> </ul>	<ul style="list-style-type: none"> <li>• 4 pocket tissues bags filled</li> <li>• Toilet roll paper</li> <li>• Plastic plates</li> <li>• Plastic cups</li> <li>• Cereal boxes</li> </ul>	<p>On a table or flat surface put the two different shaped objects. If the objects being used are small, use two boxes to sort them out. If the objects are big, draw a line or place a table cloth to differentiate the two groups.</p>

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1. Adult shows how to do activity.
2. Child/Young person repeats activity as independently as possible.
3. Adult checks activity and the child packs it away.

Activity	Key words	Resources	What to do
<p><b>Week 3: Long and short sorting</b></p> 	<ul style="list-style-type: none"> <li>• Sort</li> <li>• Look</li> <li>• Copy</li> <li>• My turn</li> <li>• Your turn</li> <li>• Same</li> <li>• Different</li> <li>• Long</li> <li>• Short</li> </ul>	<ul style="list-style-type: none"> <li>• Small spoons</li> <li>• Long spoons</li> <li>• Box to put spoons when sorting</li> </ul>	<p>Put some big and small spoons into a box/tray</p> <p>Sort the spoons into 2 cups – long and short.</p>
<p><b>Week 4: Shapes</b></p> <p>Using toilet roll paper tubes and paint</p> 	<ul style="list-style-type: none"> <li>• Sort</li> <li>• Look</li> <li>• Copy</li> <li>• My turn</li> <li>• Your turn</li> <li>• Paint</li> <li>• Circle</li> </ul>	<ul style="list-style-type: none"> <li>• Toilet roll tube</li> <li>• Different paints</li> <li>• White paper</li> </ul>	<p>Put paint (if you don't have paint you can use some water with food colouring) in a plastic bowl.</p> <p>With the toilet roll tube, dip into the paint and impress on the paper.</p> <p>If you don't have a toilet roll tube, you can also use a cup.</p>