

Stage 4: Independent work

Aims to develop the skill of engaging and shifting attention. The adult demonstrates a simple creative task, and then gives the child/young adult an individual kit to copy the task. The child/young adult take the kit to a table, complete the task independently, and then return to the adult to show the completed tasks.

Some ideas focused **on MATHS:**

- Making sets of different amounts using seeds, pasta pieces, balls. Adult shows how to make a set of 5 objects and then gives the child/young adult two containers, one empty and one with the objects (up to adult to give the right amount requested or more objects than requested) Child/adult will have to do the activity individually and then return to adult to show the outcome.
- Making towers using Lego pieces, egg boxes, cereal boxes, toilet roll paper, toilet roll carton.
- Sorting: big and small objects, different coloured objects. E.g. Big spoons and teaspoons: using two containers to sort the spoons and one big container where all the spoons are mixed. Big and small pieces of pasta. Different coloured pasta, different coloured toys, Lego Pieces, balls.

Some ideas focused on **Personal Hygiene:**

- Adult washes hands using a small bowl, pouring water from bottle, using gel soap or soap bar, rinsing hands with water and then drying hands with towel. Can be done using sink or bowl of water. Give same objects to child/young adult to copy activity independently. Then adult checks 'How clean are your hands?' 'they are very clean!'
- Washing face: using wipes or small towel and a bowl with warm water. Cleaning face and then drying it with a dry wipe/towel. Adult to check after child/young adult have a turn independently.
- Brushing teeth: toothbrush, toothpaste and towel. Adult models activity and allows child/young adult to have a turn independently. Adult checks afterwards and praises child/young adult.

