## Home education - Summer 1 - weeks 3 and 4 PSHE (Personal, Social, Health and Economic Education)

Over the next two weeks we will be working on the 'Economic' aspect of PSHE. Economics does not only refer to using money but also refers to exchanging one thing for something else. When using money, it is best to use the 'real deal'. Try to use whatever coins you have available at home. You could also use a reward system whereby your child earns a token every time they do good work. They can then exchange their hard earned tokens to 'buy' something at the end of the day E.g. time on the ipad. (see my Strathmore You Tube video)

## Online Resources

Counting Worksheet: https://content.twinkl.co.uk/resource/2b/db/t-n-2546871-how-much-do-the-ice-creams-cost-activity-sheets-

Matching Worksheet: https://content.twinkl.co.uk/resource/bc/67/t-t-5067-coin-value-matching-card-activity-
Try this one with your own piggy bank and coins : https://youtu.be/vs8F g3MGtM
A song : https://www.youtube.com/watch?v=dFzAU3u06Ps
A story: https://www.youtube.com/watch?v=o-d5n3ltpwg


Menu

water 3 p

something different 10 p

## Handling Money

1) Practice placing coins into a piggy Bank/container with a slit cut into the top.
2) Match coins that are the same. E.g. Place a $1 p$ coin and a $£ 1$ coin in front of your child. Give the child a $1 p$ coin and ask them to 'touch same'. The child should touch the 1p coin in front of them.
3) Use real coins to exchange for a snack at snack time E.g. one coin for one piece of apple.
4) Count out the correct amount of coins to pay for a snack.
5) Allow your child to work out how much they need to pay if they want an apple and a banana (using addition)
6) Play 'shop shop', buying and selling toys.
*NB: Give your child a set amount of money to begin with at snack - time. We usually give each child $10 \times 1$ p coins with a menu.

## Chore Challenge



- Over the next two weeks your challenge is to make your own bed. At first you might need some help from mum or dad but by the end of - next week I hope this is something you can do all by yourself!

Parents, it may be helpful to use a method - called 'backward chaining'. This is when you do most of the steps for your child but they do they final step independently E.g. you could - show them how to straighten the sheet, put the duvet on, put the pillows on then your child can put their toy on the bed (last step). As they become more independent, completing the last step independently, you reduce your support E.g. this time you let your child put a pillow and their toy on the bed. You continue to reduce your support over the days so that eventually your child is doing the full job by themselves ©

You can record your child's progress to share later.


## Some useful resources

 to keep fit and healthy
https://www.youtube.com/watch?v=FPOwgVhUC9w \& list=RDymigWt5TOV8\&index=2
https://www.youtube.com/watch?v=ymigWt5TOV8 \&list=RDymigWt5TOV8\&start radio=1

https://www.youtube.com/watch?v=xlg052EKMtk
https://www.youtube.com/watch?v=j 3weVPHO-U
Healthy Eating


You will need:
Apple
https://www.youtube.com/watch?v=U9Q6FKF12Qs

Raisins
https://www.youtube.com/watch?v=wVhHPtrrSGE

