

# The Grapevine

Spring 2021

## Sophia



2008 - 2021

# HEAD'S PIECE

I started writing this on the morning of March 8th – the date which almost all children of all ages returned to school after nearly three months since they were in last. The government has repeatedly and, in my mind, correctly stated that schools will not close again. There you are, I agree with the government which illustrates quite how different our lives are right now!

Whilst most Strathmore pupils have been in school all term and even more returned after the half term, for all children across the country schools look different. For us there is still a lack of whole school mixing, lack of joint activities with our co-located partners, lack of visitors bringing arts and culture into school, lack of visits to sports, arts and community destinations. We know that these will gradually become more available as the nation's journey along the roadmap to full reopening progresses at whatever speed, and we will fully embrace the opportunities that we successfully seek out, and those that pop up which we think valuable.

Community based learning is a critical feature of our curriculum and has been a whole school development priority this year. Creating opportunities for Strathmore children and young people to learn new skills or put into practice skills learnt in the classrooms is a fundamental part of our ambition for your children to be active contributors to their communities. We know that the future challenges will impact on all of our children: mental health, inequality, rising unemployment, pressure on reducing national debt and more, all of which will affect access to opportunities.

Which is why we will be continuing to focus on ensuring our learners have as much access and exposure to the community as we can appropriately create in order that Strathmore pupils are seen by those communities as an important element and who need to be actively included in future plans. There is definitely a feeling of now being the time to seriously challenge previously accepted norms – I note the questions around extending school days and shortening summer holidays are being posed to the Government. And we will be arguing to ensure that any new national or local policy proposals are addressing the unmet needs of our pupils of all ages including those who have not yet joined us.



Whilst the 8th did herald much needed children's laughter and play and no doubt sighs of relief from some parents, that ray of sunshine has been clouded over by the sad, sudden death of Sophia. A terrible shock and loss for her extended family and large group of friends, I know I can speak for all the Strathmore community when sharing our thoughts and love to all of them. We will celebrate Sophia's life when the time is right for the family to gather with us.

With signs of spring beginning to show more clearly, crocuses, daffodils and tree blossom bringing colour, with birdsong echoing, I hope that these will give us all a sense of future brightness on the horizon, and will leave you with a poem by Emily Dickinson, wishing you all well for the holiday.

*Anam*

**"Hope" is the thing with feathers** Emily Dickinson - 1830-1886

Hope is the thing with feathers.  
That perches in the soul,  
And sings the tune without the words,  
And never stops at all,

And sweetest in the gale is heard;  
And sore must be the storm  
That could abash the little bird  
That kept so many warm.

I've heard it in the chillest land,  
And on the strangest sea;  
Yet, never, in extremity,  
It asked a crumb of me.



# Message from the Chair of Governors

## John Watkin

Dear Students, Parents and Staff of Strathmore,

I write to introduce myself to you. I have been a governor here since March 2019 and in January I succeeded Gaëlle Newland as the Chair of our local governing board.

I must begin by asking you all to join me in thanking Gaëlle very much indeed for her exceptional dedication to supporting Strathmore School, making an immeasurable contribution especially in the areas of safeguarding and finance. Gaëlle took on the Chair in 2017, having previously been a governor both here and at Clarendon. The really good news for all of us is that Gaëlle will continue to be a member of the board.

A little about me: I worked as a teacher throughout my adult life. In the second half of my career, I specialised in working with excluded and disadvantaged children in pupil referral units (now called alternative provision). While PRUs are not the same as special schools, there are many similarities, especially in how they are funded. In 2016, I retired as headteacher of a PRU in east London. Since then, I have worked as a consultant, advising local authorities on school exclusion and alternative provision.

I now live in Teddington with my wife Tracy, who is a headteacher in Wandsworth, and our loopy dog Daisy.

I am really looking forward to continuing my work with this lovely school and I cannot wait for this pandemic to end so that I can start to meet you.

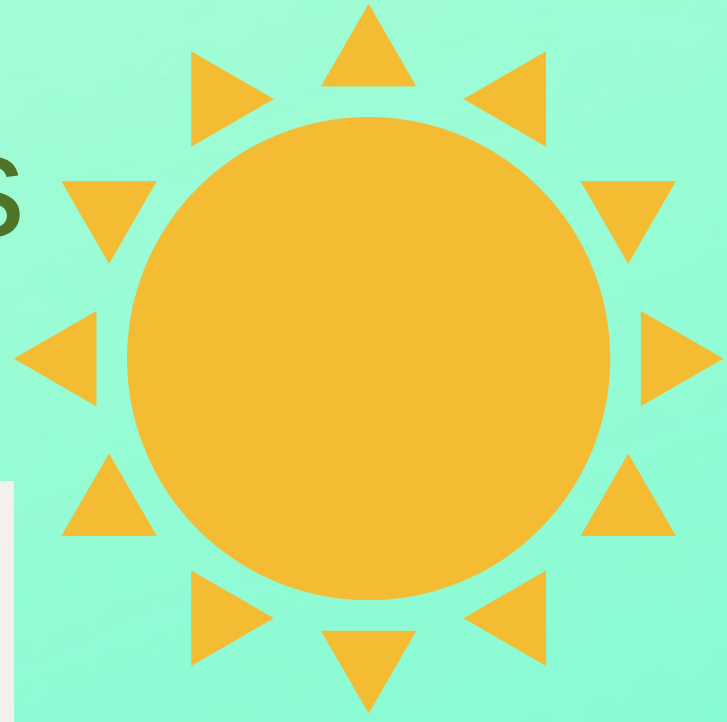
With best wishes,

John Watkin



# Strathmore @ St Richard Reynolds

By Eleanor Bukht



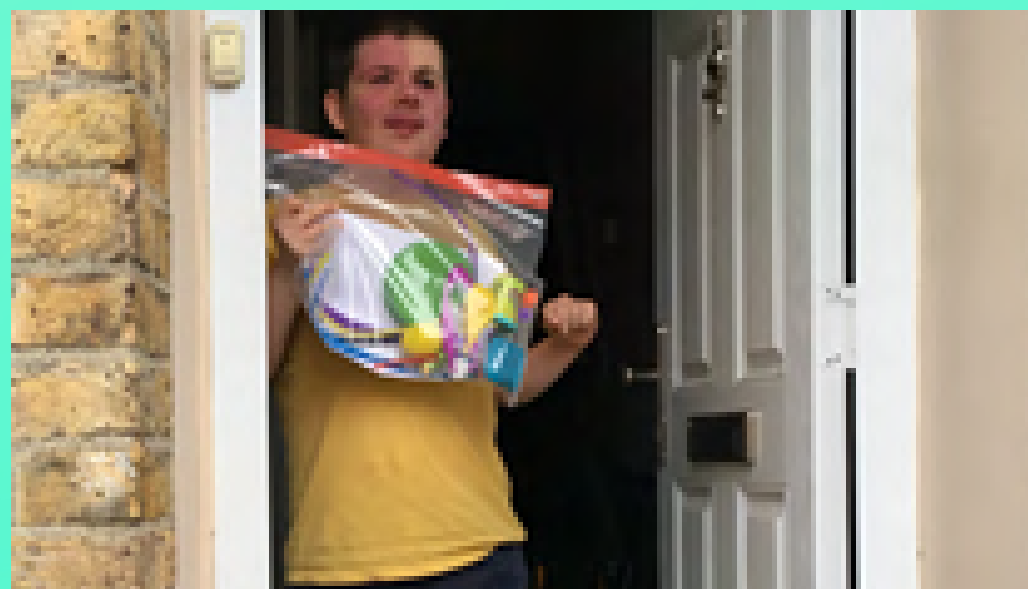
"The sun will shine on you again and the clouds will go away"

—  
Captain Tom Moore

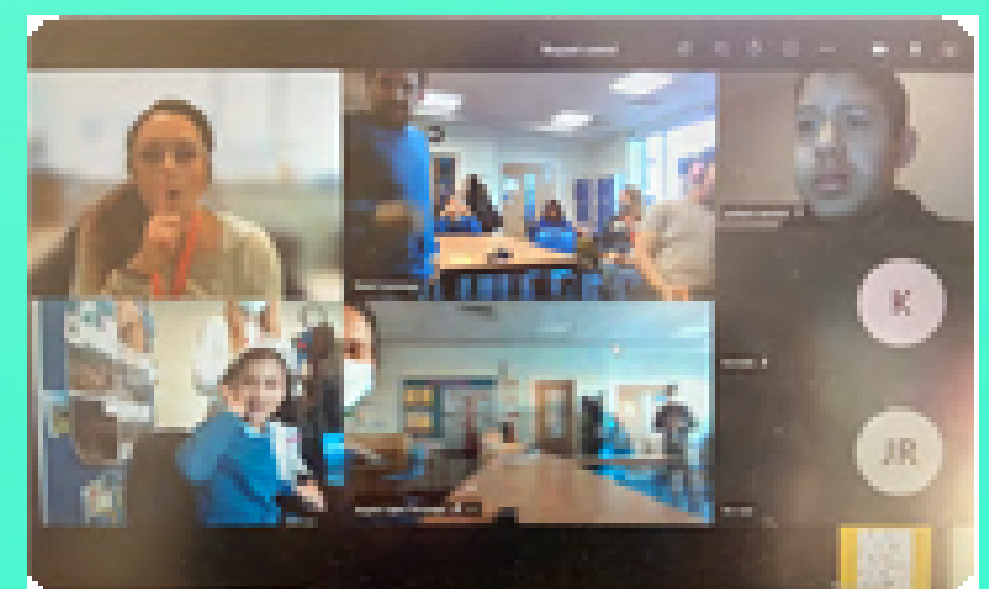
This term, we are reminded that no matter what we face, we always have the opportunity to make a difference, as Captain Sir Tom Moore did so valiantly in his 100th year! Strathmore @ SRR has been affected quite badly by the virus, meaning most staff and learners have had to isolate for varying periods of time, at very short notice. Despite this, staff and families have been extremely flexible and understanding, and everyone has consistently done their best in these unbelievably difficult circumstances. We are in the early stages of rolling out Earwig, our online assessment tool, to include parents. We are trialling a few accounts to smooth out any unforeseen issues and it looks like we will launch to all parents in Spring 2, so watch this space! The app will enable you to see, in more detail, some of the teaching strategies that are most effective with the learners and you will have the chance to contribute to their learning journey with videos, photos and comments. We look forward to seeing all the excellent learning they are doing outside the classroom and sharing the regular updates of what they do at school with you.



Choosing the correct resource for the job (long spade to dig)

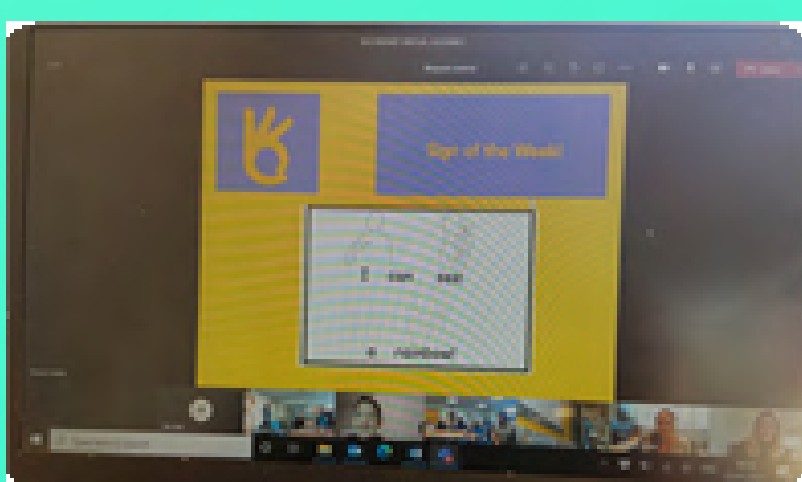


Weekly visits, resource drops and updates from remote learners



Weekly virtual assemblies for in school and remote learners

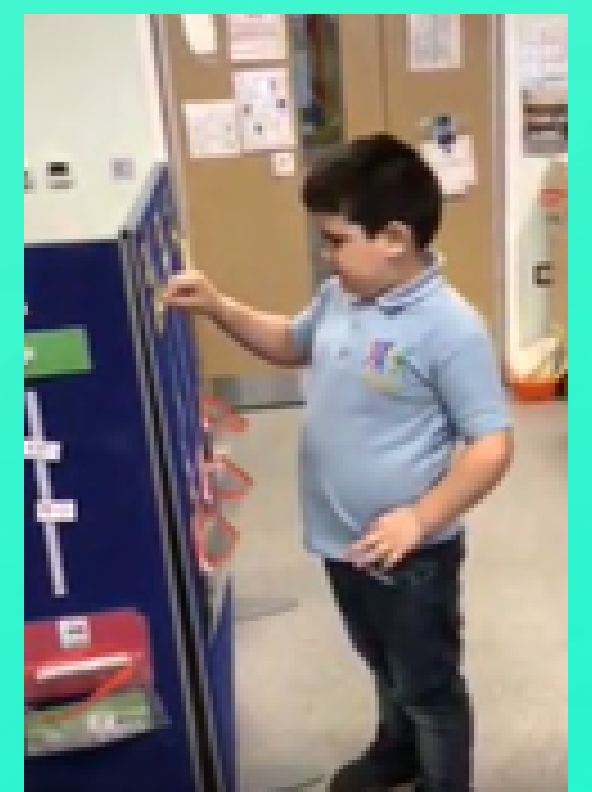
## Strathmore in-school and remote learning during Spring



Sharing Makaton sign of the week with remote learners



Following 3 x information carrying instructions



Independent use of visual timetable

# Inside the bubbles

*By Lauren Crew*

This term sure has been one to remember! As we are evolving and getting more accustomed to a new way of doing things, Eleanor and I had to think of ways in which we could still visit the classes in a safe way. We usually pop in to see each class every week, stay and play, observe and see the wonderful learning taking place. Now each class is in a 'bubble' we must move around school in full PPE (you can hear us rustling down the corridors!).

In Spring 1 we peered through windows and observed some amazing things.

- o Andromeda class were cleaning their own tables after their snack, using antibacterial spray and cloths.
- o Elm from Nova class was immersed in the cause and effect wall in the Sensory Room.
- o Amy was using the iPad to video Ryan and Bronia working together on Ryan's EHCP target work.
- o Our Play Leaders (Iveta and Malgorzata) have made an awesome colourful display to show the amazing playtimes the learners have been having.
- o Phoenix class are utilising our new 'Objects of Reference' pouches in the corridors to help pupils to transition around school.
- o Pupils in Vega class were self-directing in their learning at the zones in the classroom.
- o We now have Sensory Diet equipment set up in the corridors as we cannot use the hall at the same time at the moment. We are so creative now!



**A huge thank you to all our amazing Teachers, HLTAs, TAs & Play Leaders for continuing to make learning exciting and enticing.**

Lauren Crew (Assistant Headteacher @ SRR)



# Strathmore @ The Russell

*By Sarah Hurtado*

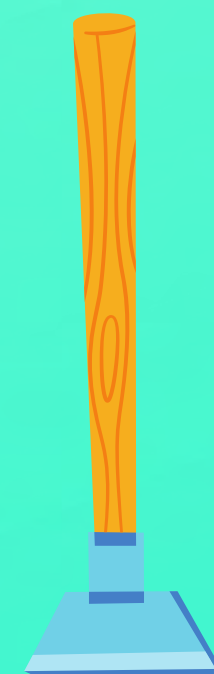
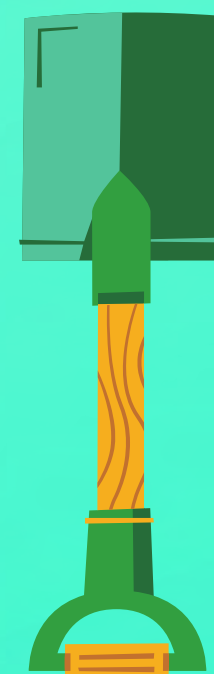
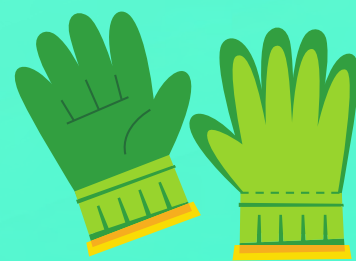


One year ago today, we could never have believed that we would be where we are now, with lockdowns, face masks, endless hand washing and 'bubbles'. I am continuously surprised by how amazing our Strathmore community is and know that one day soon we will reflect on the past year and understand how much we have learnt from it. Despite this different year, this term has continued to be a positive one and it is wonderful to see our pupils back in their classes with their friends, learning, developing new skills, and enjoying renewed friendships.

This term has brought mixed weather, from warm sunshine to snow showers and class teams have made these into learning opportunities. Snow day was particularly good fun with lots of sensory and scientific learning going on. Pupils have all made progress towards their individual targets and we have had 100% attendance at our recent annual reviews - thank you to all our families for their commitment. I hope you enjoyed seeing your child's progress videos on Earwig.

Our new curriculum continues to encourage lots of 'learner-led' learning which puts our pupils in control of their exploration which obviously makes them much more motivated to investigate and develop their skills and knowledge. We have had some pupils learning at home this term and they were linked up with their friends via virtual assemblies and lessons. It is good to have you back.

One of our school priorities has been focused on community learning and all the classes have been out of the school environment this term. Swimming has re-started for some pupils, visits to the park, Ham House and the local environment are happening, and we are growing plants in the shared inclusive allotment with our co-located school, The Russell School.



# Strathmore @ Grey Court

*By Adriana Martyr*



Overall, we had a very successful spring term at the Grey Court campus. We continued to deliver a rich and varied curriculum which included gardening, food therapy sessions, educational visits, bikes and swimming.

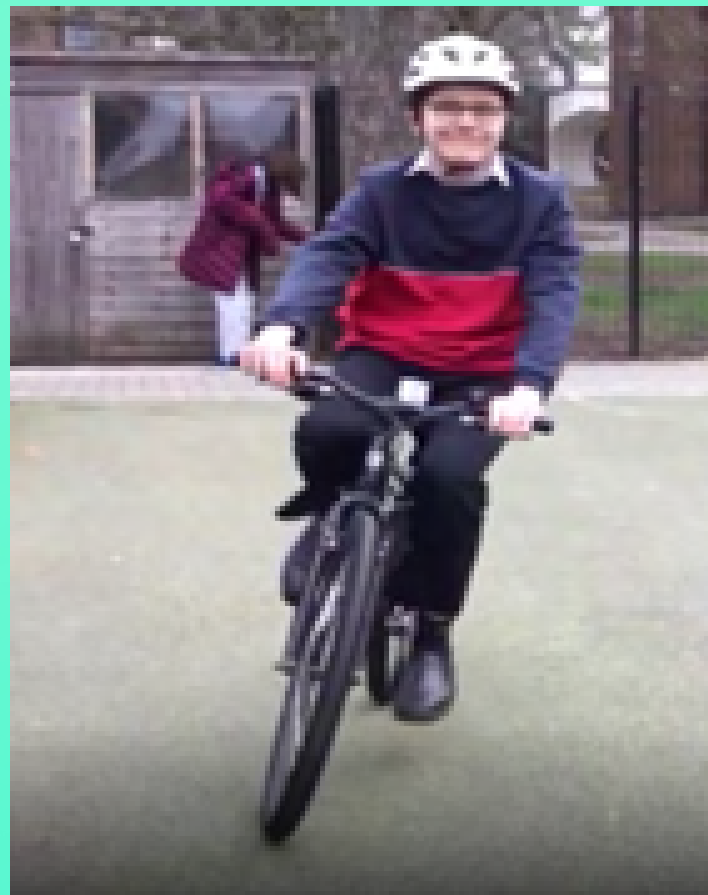
We also delivered distance-learning programmes and resources to our home learners and began sharing virtual assemblies and sessions with some of them.

Our main focus has been to provide opportunities to enjoy the outdoor areas of the school and to take part in local community visits. Our learners have shown independent skills and enjoyment by transitioning well in the local area and comment on what they can see and hear using their preferred means of communication.

The school council have been meeting regularly and have contributed greatly to the planning of successful activities including a Valentine's class party, purchase of toys and games, school trips, lunch club ideas and topics for assemblies.

World book day was a diverse and fun day with learners exploring books around gender, foods from around the world and future dreams!

We are very excited to be fully open and explore the learning opportunities through the topic 'It's a wonderful world'.



# World Book Day

Changing lives through a love of books  
and shared reading

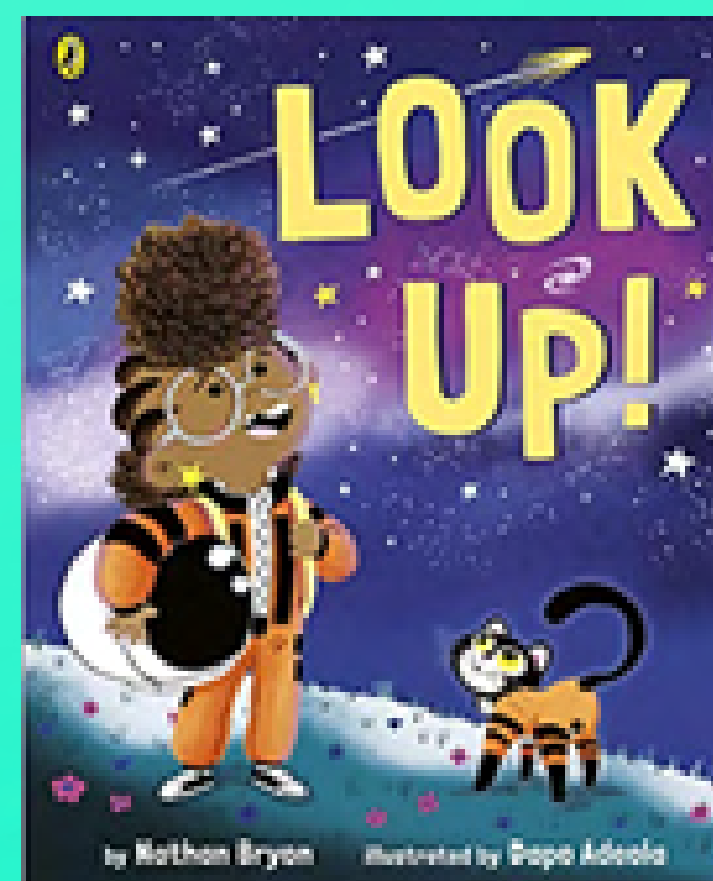
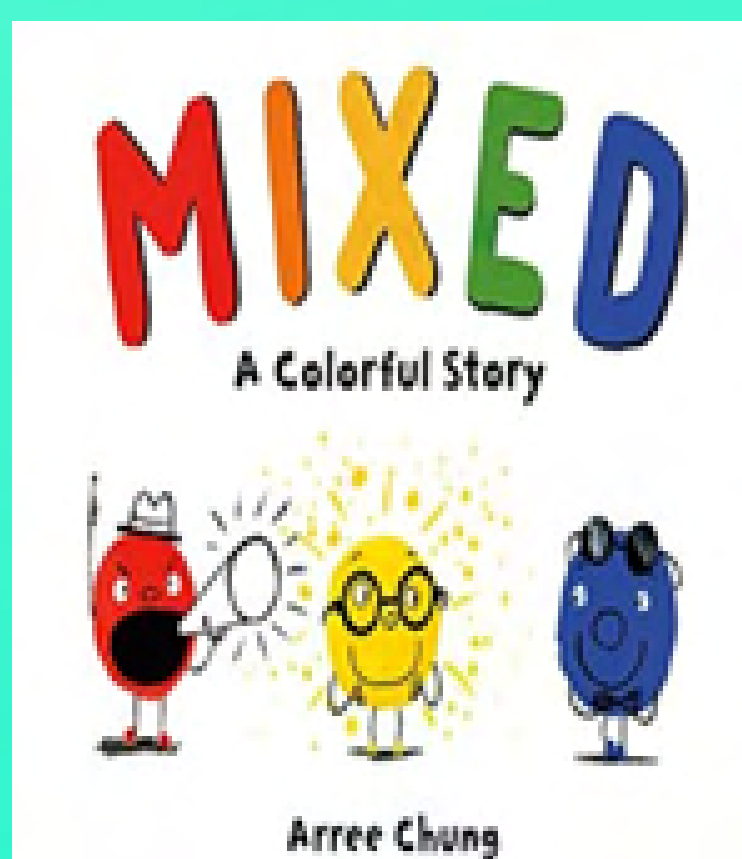
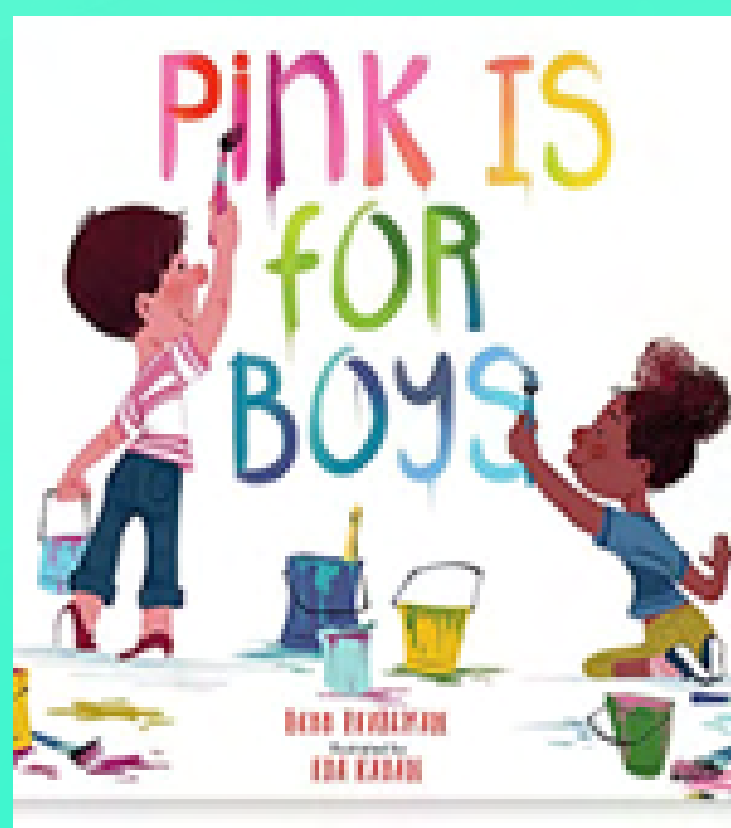
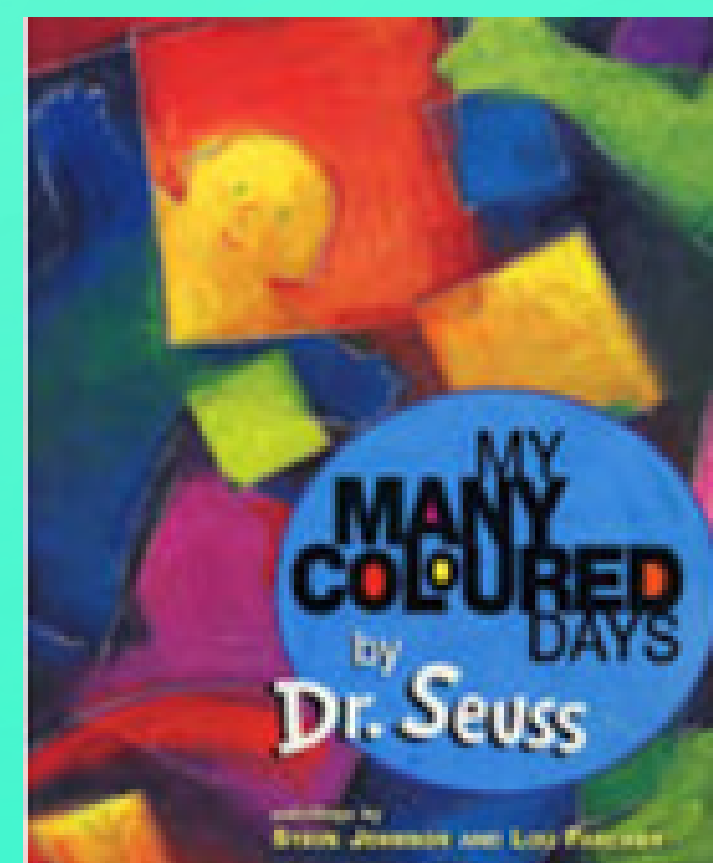
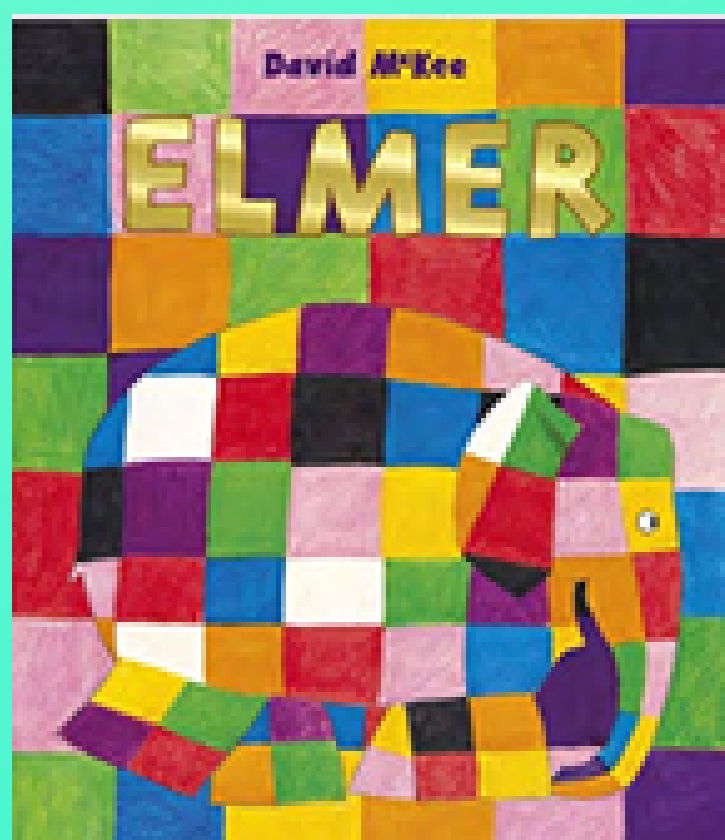
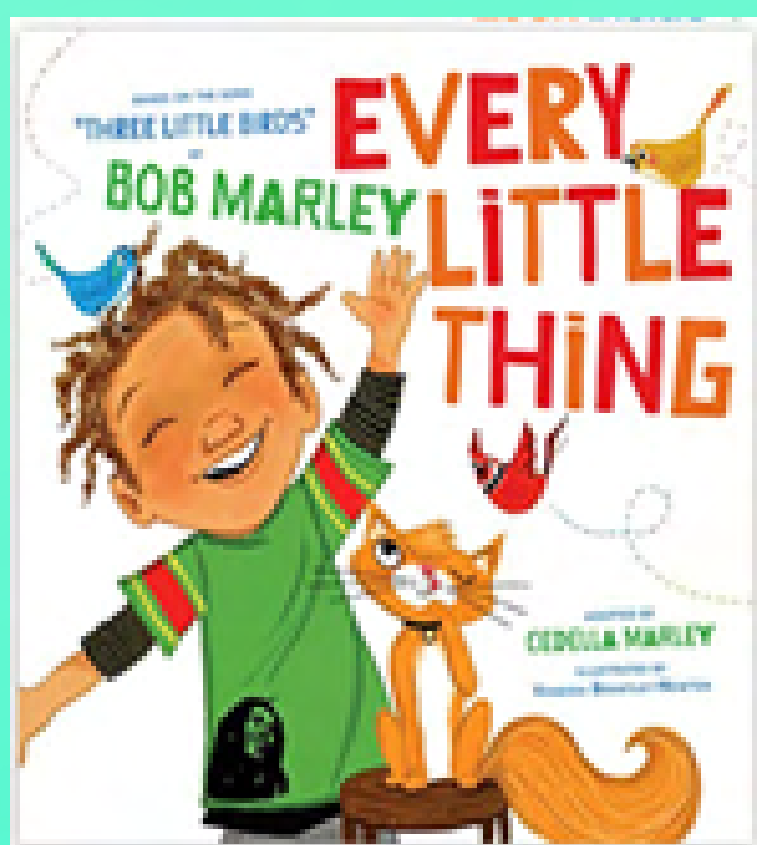


World Book Day took place across all campuses on Thursday 4th March this year. Each class recently received some new books which highlight diversity or have a range of ethnically diverse lead characters. For WBD each class chose one of their favourite books to explore in more depth through role play, music & movement, song and sensory exploration. Below you will see some of the fabulous books we chose.

In our class bubbles we held parades to show off our costumes and book-related activities. As an extra bit of fun, we also held a 'best-dressed' competition for the students and staff. Congratulations to Ali and Liam who both won a £5 book voucher to spend at our Virtual Book Fair organized through Usborne Books. Staff winners were Laura, Belinda and Irene who all won a box of chocolates. The overall best dressed class prize went to Phoenix Class who all dressed up as birds.

As well as celebrating WBD in class, we also held our first ever Virtual Book Fair. This was a great way for the school to get free books, as all the money spent by families on books at the fair gave us a percentage of free books for the school.

Finally, all students were invited to take part in a Reading Challenge to show the most unusual place to read a book. Well done to Robert who found the most unusual reading location; he was able to read a book at the same time as using his exercise bike! Now how's that for multi-tasking?





# Music @ Strathmore



*By Liz Thomas  
Music Teacher*



In music lessons at the Russell campus we have been travelling around our wonderful world using lots of different modes of transport and making beautiful music along the way!

We went to the North Pole in an aeroplane and sailed across the seas to Australia by boat. We drove fast cars in North America, stopping off in New York, and we have even been to the Moon in a rocket!

We travelled into London by train and loved our wonderful bus tour to see the sights.

Of course we travelled with our musical instruments and singing voices. We created the sounds of rockets launching and blasting off, roaring engines and screeching brakes of fast cars and sounds of trains at the platform, speeding up and slowing down. We have been very creative with our sounds.

We love to sing songs as we travel too! Zoom, Zoom Zoom, we're going to the Moon and Row Row Row the Boat are songs we know really well. We are great at hearing rhythms in the songs and play accompaniments on the glockenspiels and all our other instruments such as woodblocks, claves and agogos.

We love to relax to music at the end of our music lessons. We listen to lots of different types of music including Alicia Keys, The Kinks, The Who and Haydn. Elton John's Rocket Man made us feel sleepy and relaxed. We learnt the story of Waltzing Matilda in Australia and Frozen's Let it Go was a favourite in the North Pole! The Wheels on the Bus was fun to sing on our city bus tour around London.

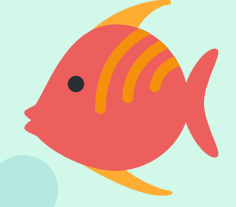
We have really enjoyed this music topic. Here are some photos taken while we were on our musical journeys.



# Swimming

*By Annabelle Warrior*

This term due to lockdown we have not been able to do a lot of the activities we would have liked. We have been extremely lucky to be able to use our hydro-therapy pool over at Grey Court so that our students have been able to access swimming this term. All the children have loved going swimming and being in the water.

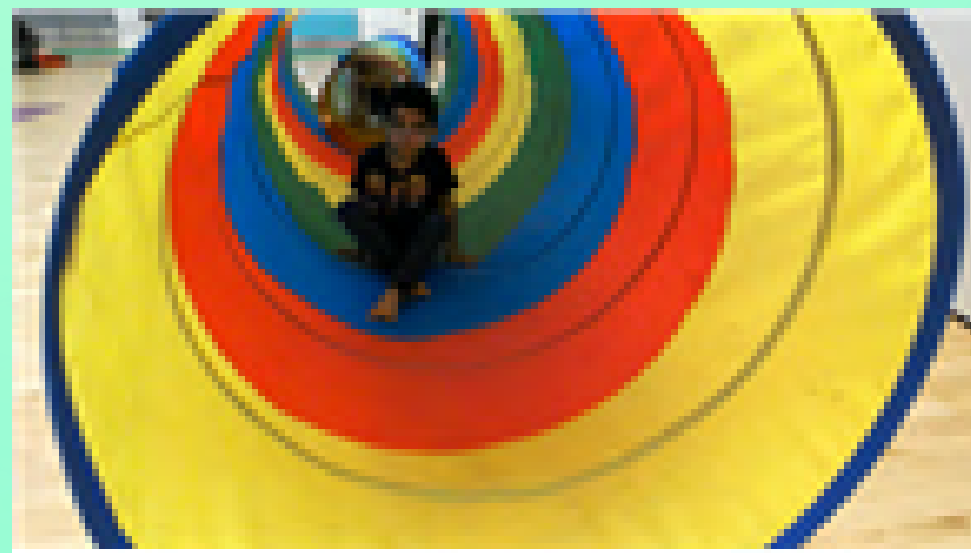


I am excited at the possibility of taking some students to a leisure centre for swimming next term if restrictions allow us.



# OT sensory circuits

*By Helen Knight  
Occupational Therapist*



**The OT Team at Strathmore have established the Sensory Circuits at all three sites.**

The sensory circuit is a Sensory Motor programme that helps a child or young person energise or settle for a school day. Children participate in a 10-15mins session of activities designed to improve sensory regulation and motor planning skills. The circuit is run in two sections

**Alerting Section: Vestibular/Movement – Bouncing on trampette, running, scooter boards, balance beam.**

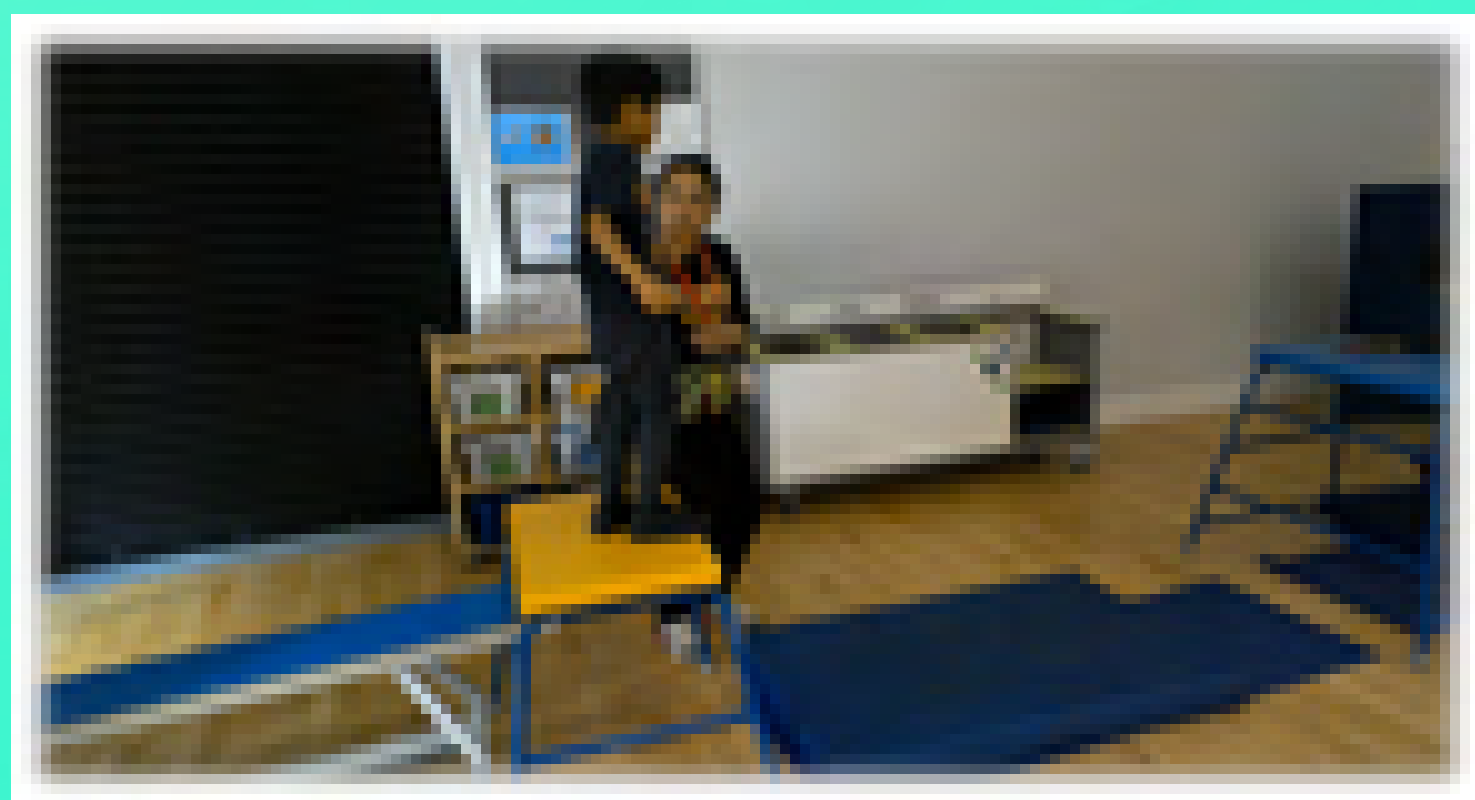
**Organising: Proprioception/ Deep Pressure– Climbing, crashing, crawling, propelling and weight bearing on hand/elbows.**

The results:

Sensory regulation is demonstrated by improved eye contact, easier transitions from equipment to equipment and place to place. Pupils show a general calm state. Teachers' observations have been that pupils are able to sit at the table with improved engagement and attention to tasks. Pupils are improving their development of initiation, planning and execution of movements.

**This simple and fun daily Sensory Circuit has had a positive impact on many of our pupils. The circuit has become an integral part of the school morning.**

**Overall, the pupils are finding the circuit a fun way to start the day.**



# Resource loaning pilot - sharing the love

*By Louise Ross  
PE Lead*

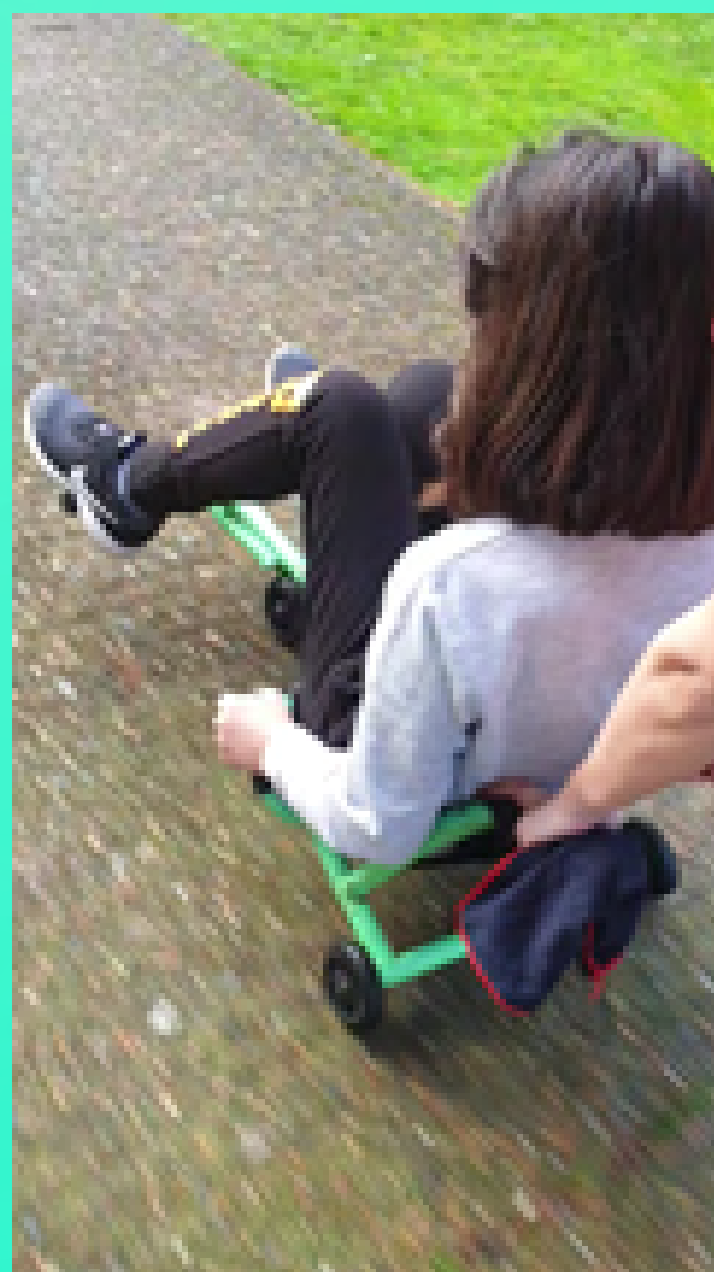
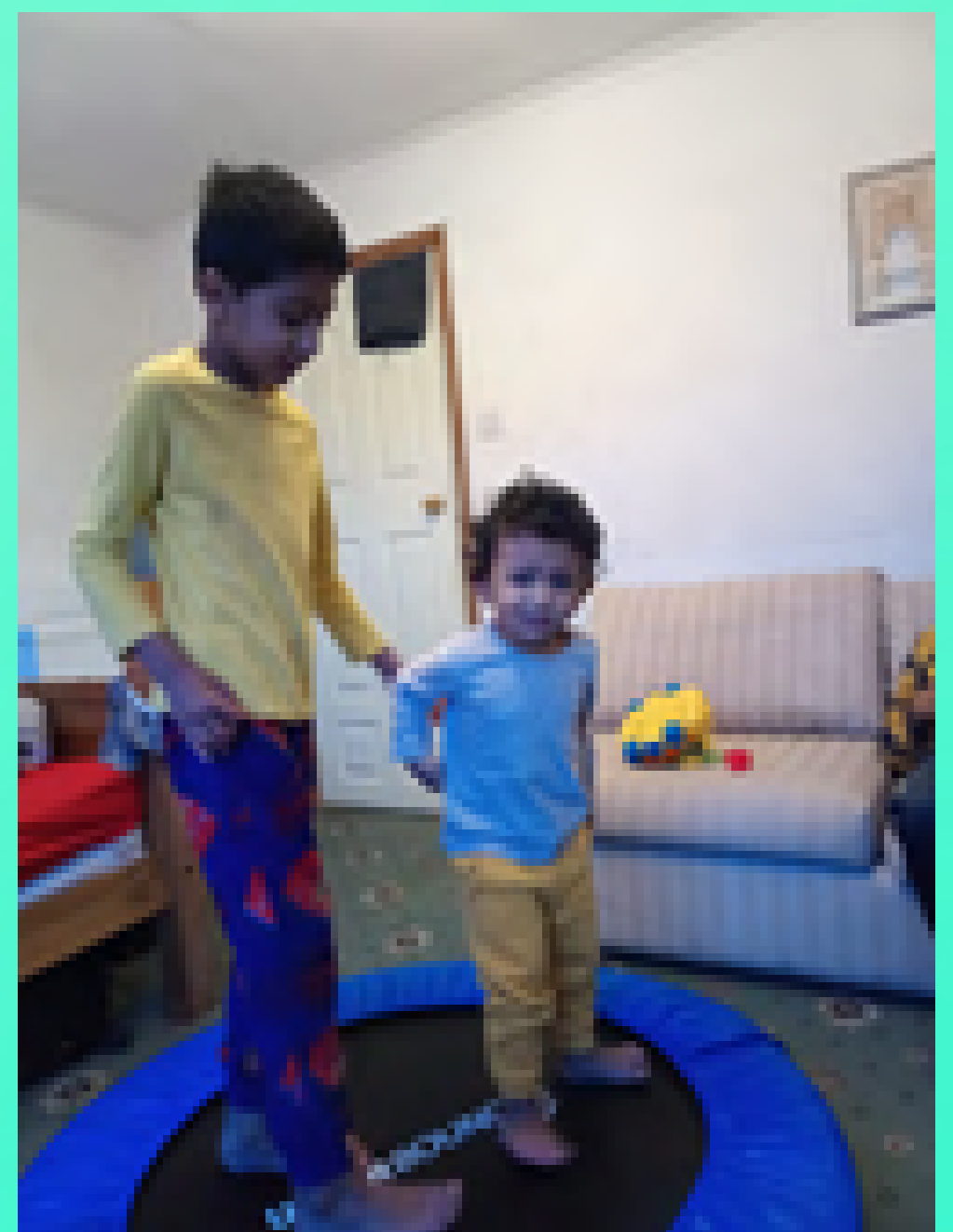
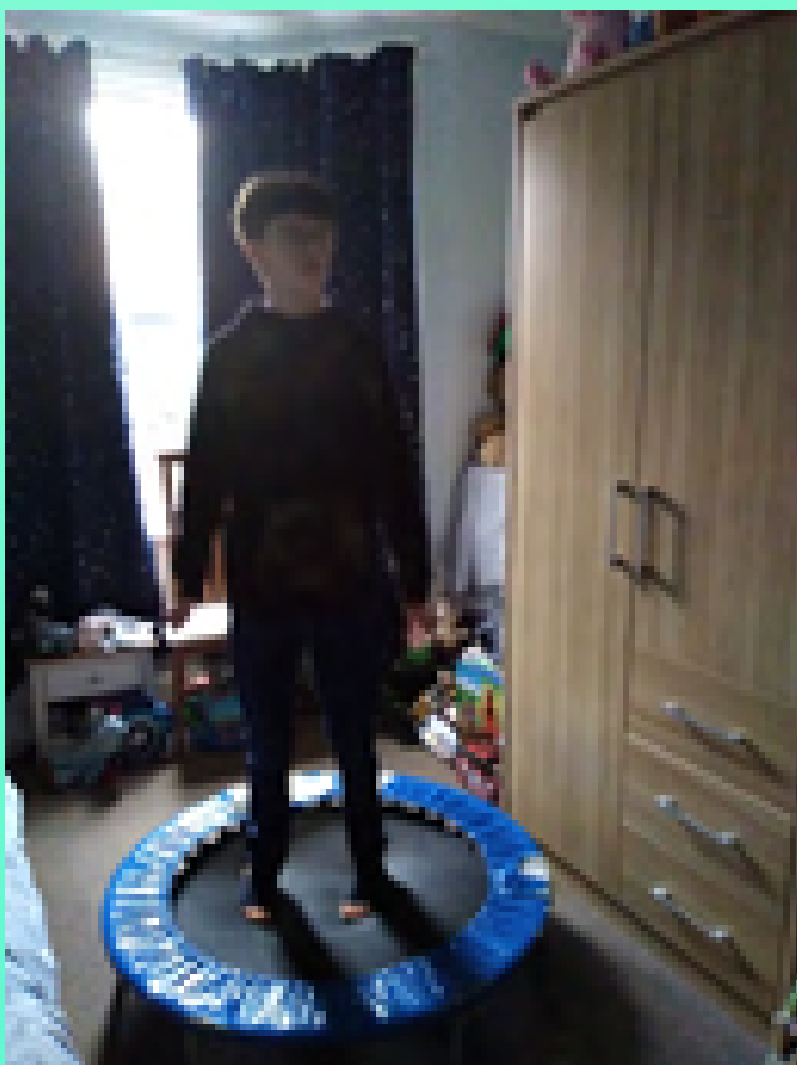


A massive thank you to everyone who took part in the resource loaning pilot. Over twenty families borrowed equipment including mini trampolines, wheelie boards, ezyrollers, scooters, balance beams, aiming games and cricket equipment for the entire half term and they were all returned intact!

We all know consistency is key to our learners making progress, so you taking items home and using them over the holidays means the learners get to generalise their skills and continue to strengthen and maintain their skill set.

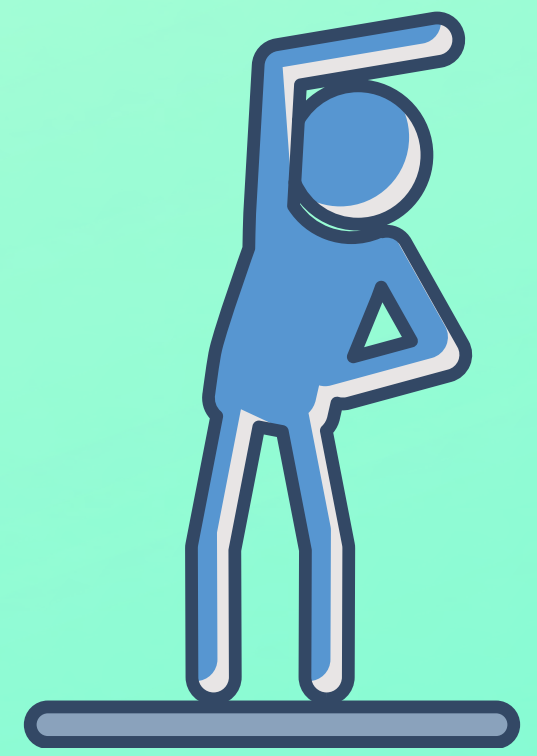
We will continue to offer this service for future school holidays so if you have anything you would like to borrow please contact me on [pe@starthmore.org.uk](mailto:pe@starthmore.org.uk) and we will do our best to accommodate.

Thanks again to parents, transport, admin and the teaching staff for making this happen.



# Family support and wellbeing

*By Natalie Arciero  
Family Worker*



Hello Strathmore Families,

As I write this the road map out of lockdown has been laid out and is underway, I can now definitely see light at the end of the tunnel and feel a sense of optimism.

Our Music Therapist (and qualified yoga teacher) Sophie Mawhinney and I have been really enjoying seeing our families join the stretch and relax sessions on Wednesday. If you haven't already done so, try and join us via Zoom. We'll keep running these up to Easter and hopefully beyond.

Also, a reminder to all families that my door/inbox/phoneline are always open for support or a chat. If I can't directly help I can signpost you in the right direction or make the relevant referral for your situation. We will also see a return of our much-missed coffee mornings, which will start again mid to late summer term so look out for updates in the newsletter.

Alfresco lattes are on the horizon along with better times ahead!

Take care of yourselves and each other....

Best wishes – Natalie Arciero





# Outdoor learning

*By Delphini Class*



This term Delphini Class have been enjoying lots of outdoor learning opportunities.

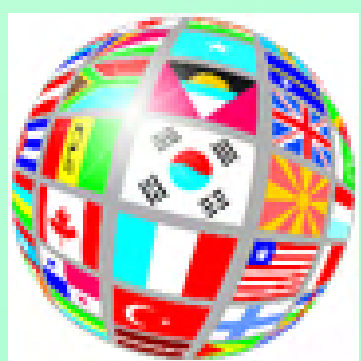
We have been taking a weekly walk around the woods outside our campus and always find something new and exciting to explore, whether that be massive snowballs, puddles or looking around at animals such as birds and dogs in our surroundings.

We have also been visiting the wildlife area and allotment at our co-located school every week. We have enjoyed looking at different insects in the wooded area and we found a newt in the pond! During the week of snow, we saw how the water had frozen over. We have dug out the plant beds ready to plant seeds and watch how they grow.

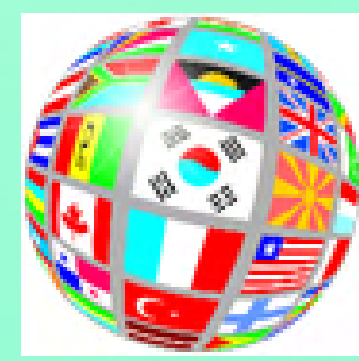
Delphini Class also enjoyed exploring the snow in the playground. We put on our waterproofs and wellies and enjoyed touching the snow and some of us worked together to build a snowman. 😊

We are looking forward to continuing these trips for the rest of the spring term.





# Celebrating diversity in Luna Class



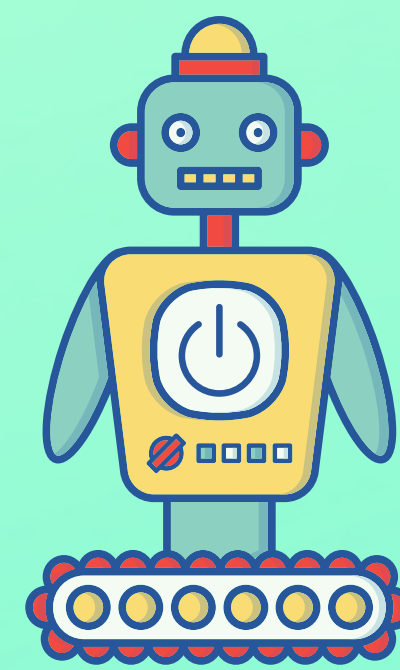
*By Luna Class*

This term Luna Class has been busy learning about different celebrations and festivals from all over the world. We've been making masks for Carnival and love cards for Valentine's Day. We've been celebrating Chinese new Year in one of our learning zones.

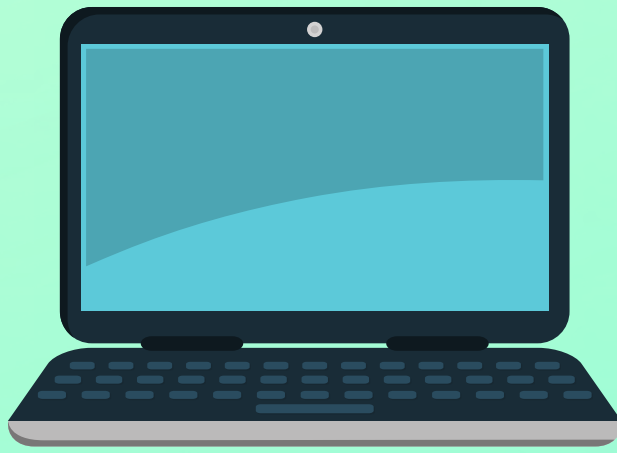
We've been learning some dance styles from around the world, e.g. flamenco, salsa, ballet etc. And we've been practising 'hello' in different languages.



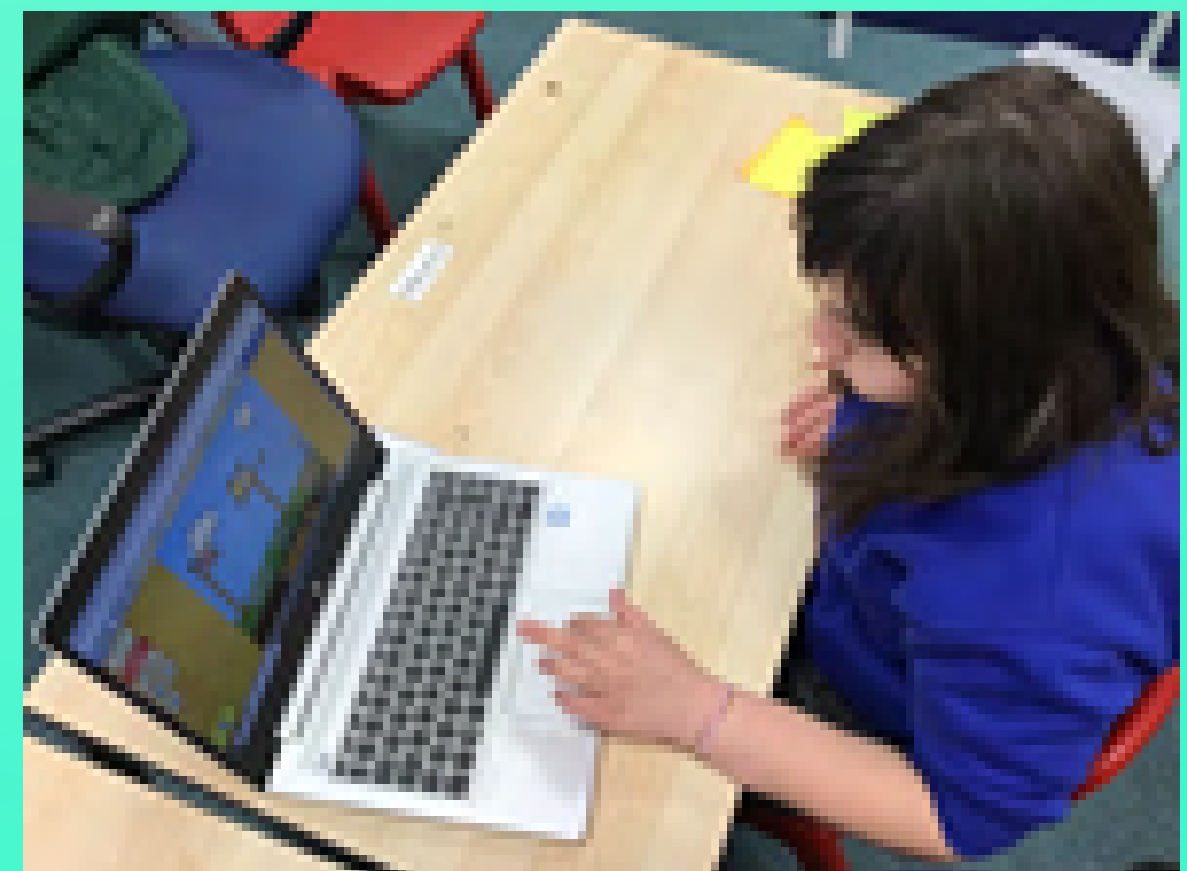
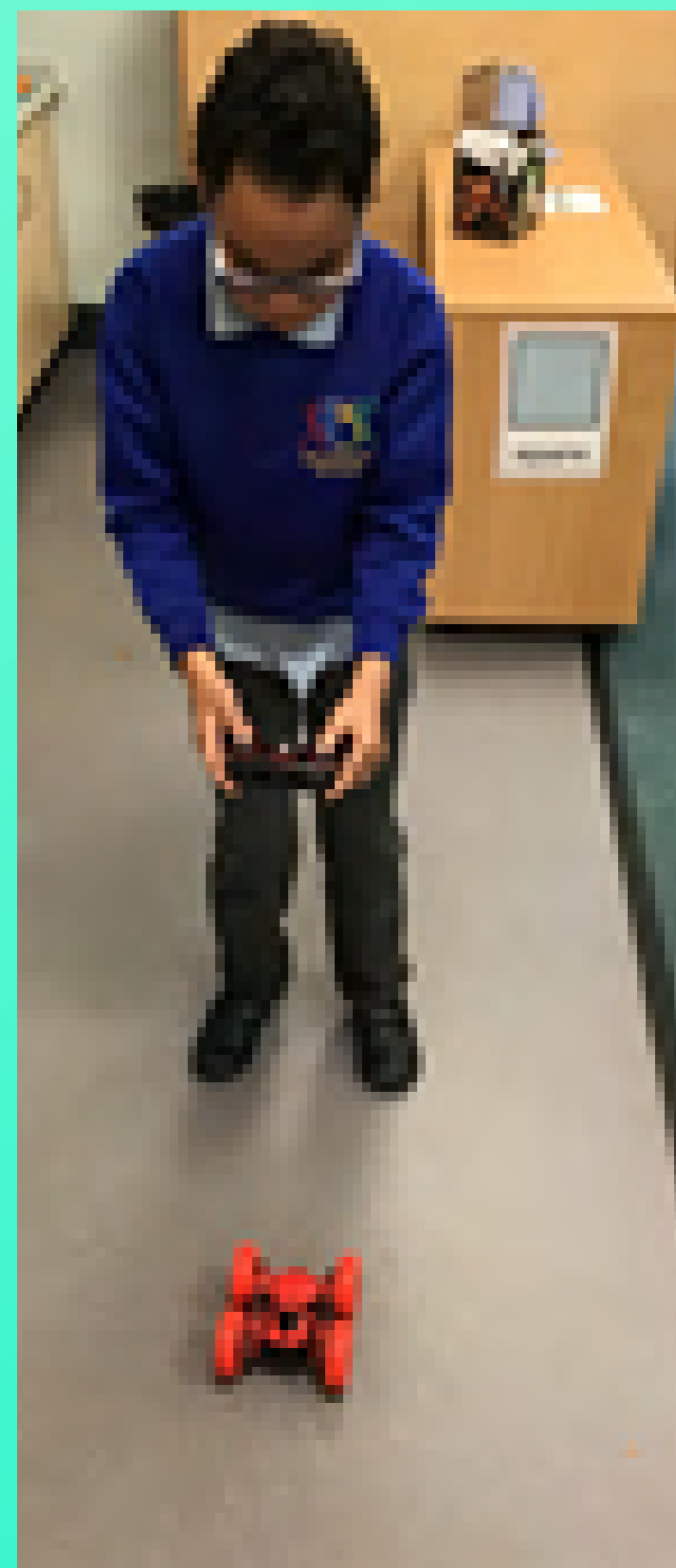
# Leo Class technology



By Leo Class



This half-term, Leo class have chosen to learn about all things to do with technology. Our learning zones have included such activities as; making robots from cardboard boxes; using metal detectors to find coins and designing Powerpoint presentations. We've also been learning some basic coding and improving our typing skills.





# Hercules Class are learner-led

*By Hercules Class*



Hercules Class explored lots of toys, objects, pictures, symbols, and textures in Spring 1 to choose what we wanted to learn about and access in Spring 2.

We decided we wanted to explore:

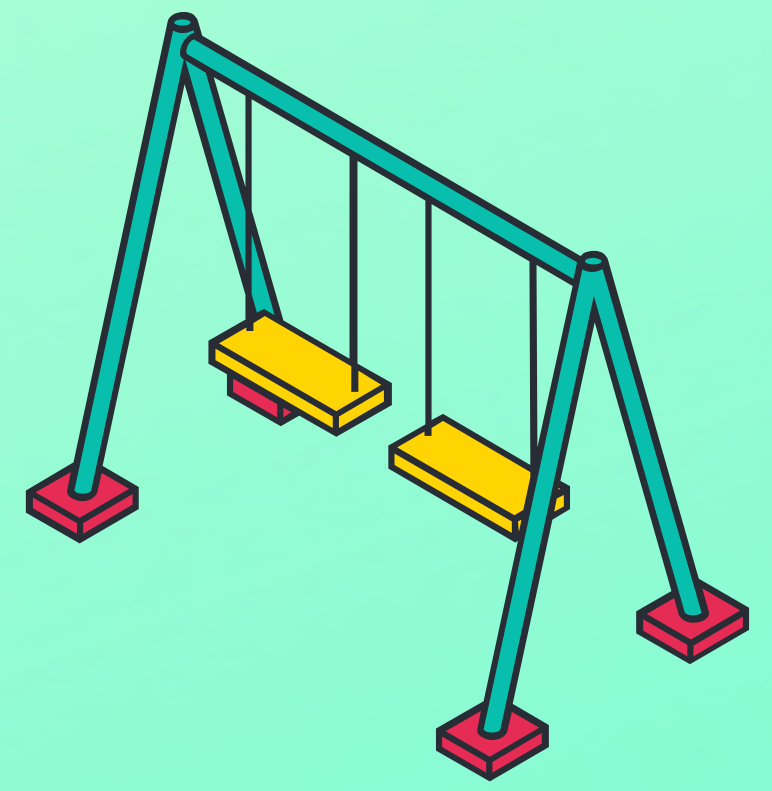
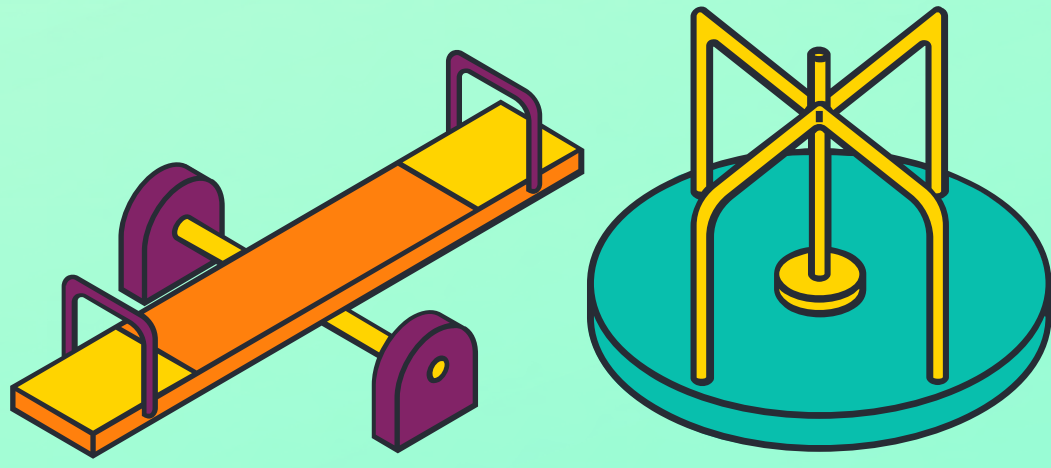
- large cardboard boxes in the construction area
- messy activities in the exploration area, including shaving foam and spaghetti worms!
- our own books we have chosen in the reading area
  - babies in our outdoor role play area

As a class we also decided we wanted to learn more about worms and insects in Spring 2, as sometimes we find lots of worms on our playground and we like to observe them!



# Hercules Class outings

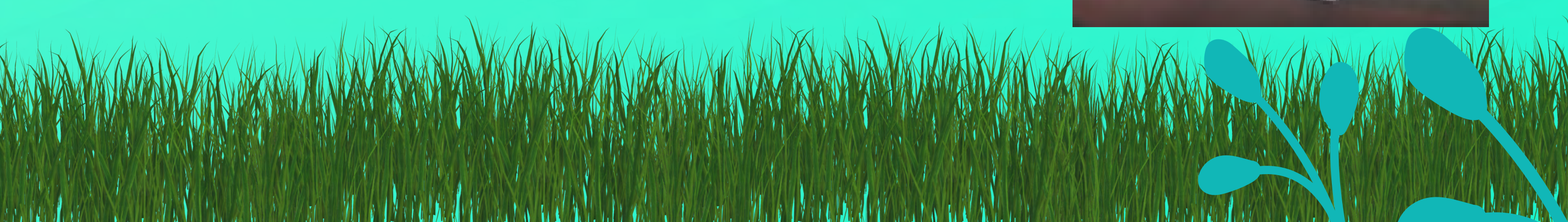
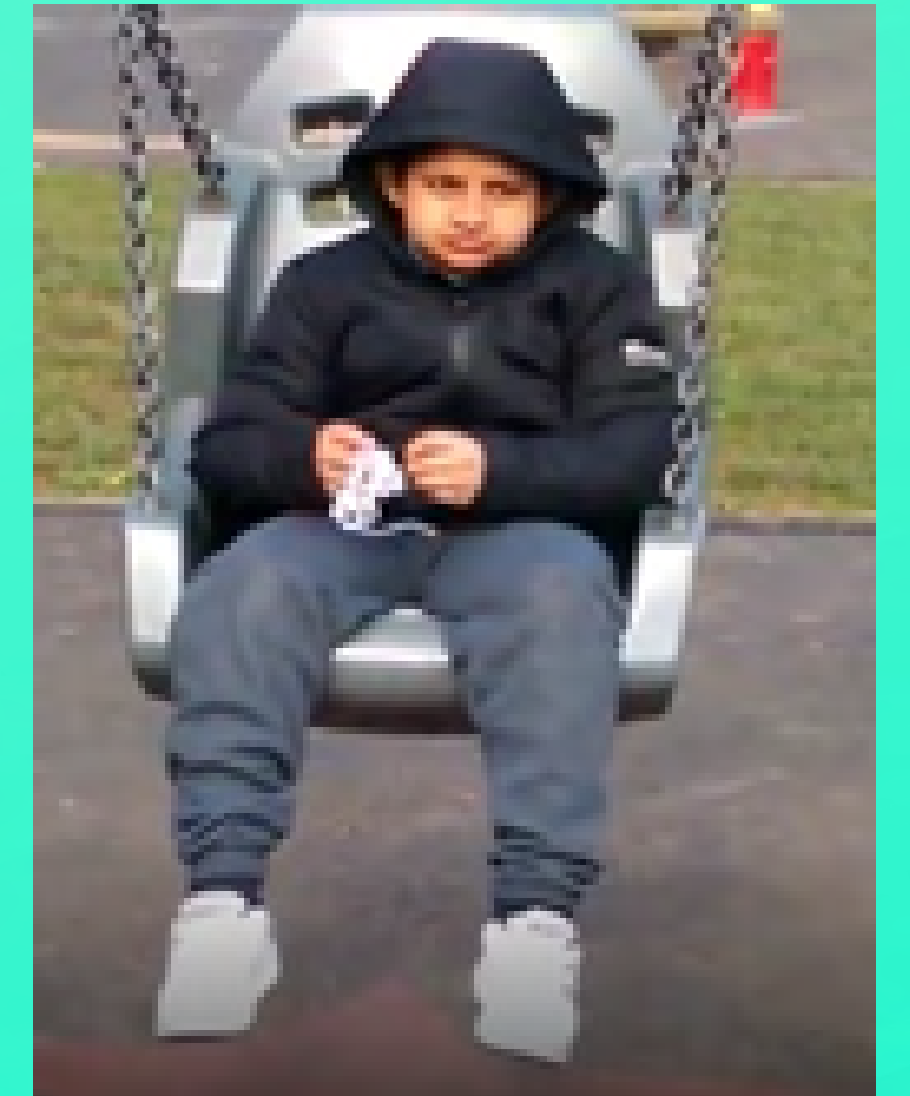
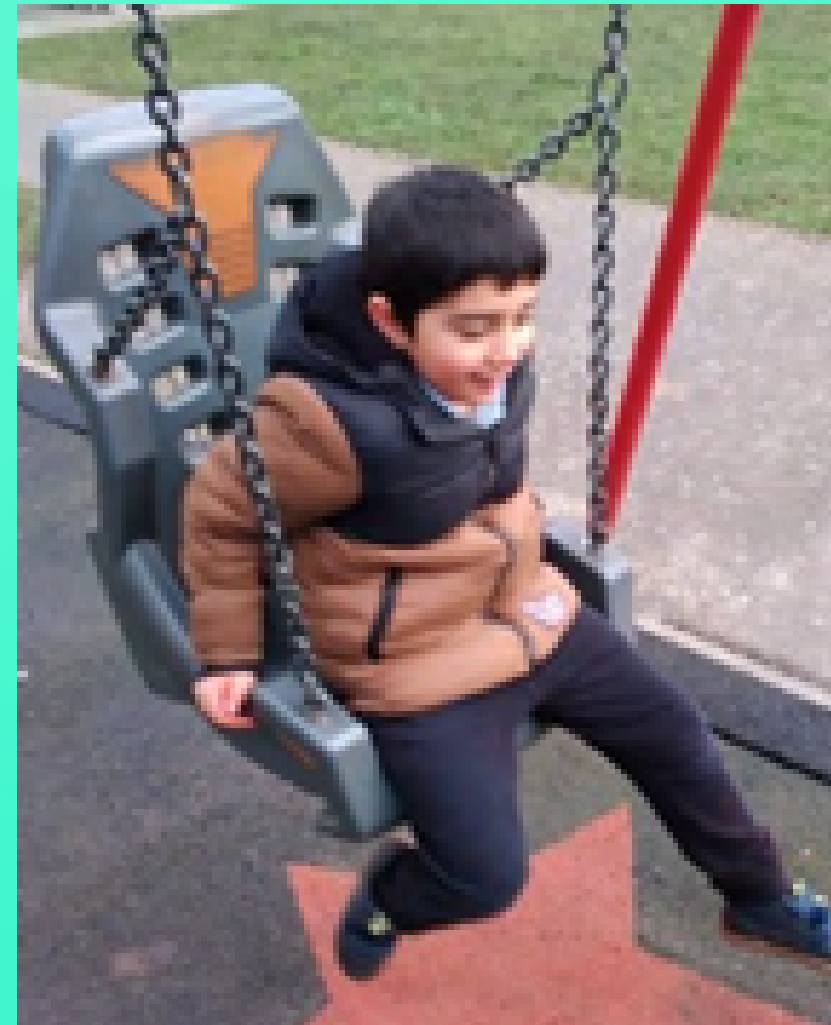
*By Hercules Class*



This spring term, Hercules class has been enjoying weekly trips to Sandy Lane Park. Our first trip to the park was very cold and snowy so we wrapped up warm in our wellies and gloves. We made snowballs and had lots of fun playing in the snow!

Luckily, it got warmer after half term so we explored the different playground equipment including the swings, roundabout, trim trail, climbing frame, monkey bars and see-saw. We even got in the wooden boat and pretended to sail across the sea :)

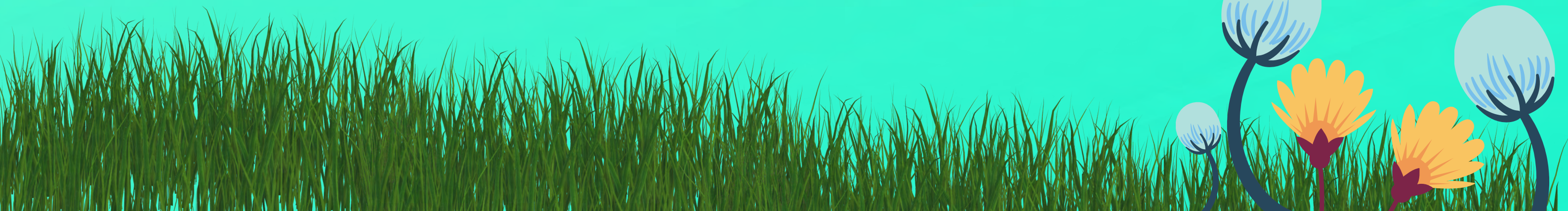
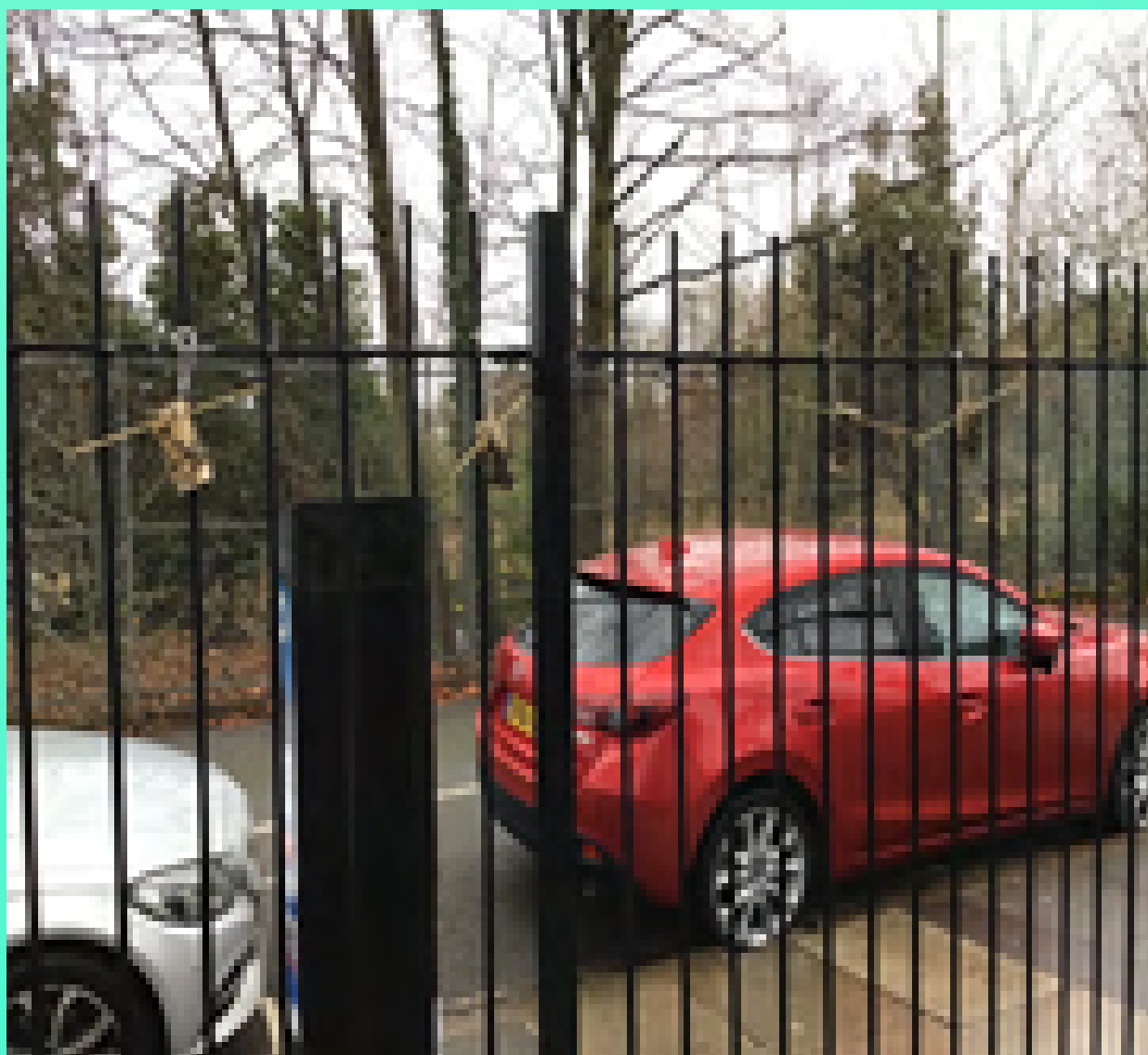
It has been very exciting walking to the park every Tuesday and Thursday afternoon, and last week we bumped into Aquila Class from Grey Court Campus in the playground! It was lovely to say hello to familiar faces in Aquila and we hope they all had a lovely time too.



# Phoenix mini explorers

*By Phoenix Class*

Phoenix Class have been enjoying taking part in mini explorers. We had fun making bird feeders and then hanging them in the fence for the birds. Some of the children like to take things that they find back to the class.





# We're going on a lion hunt!

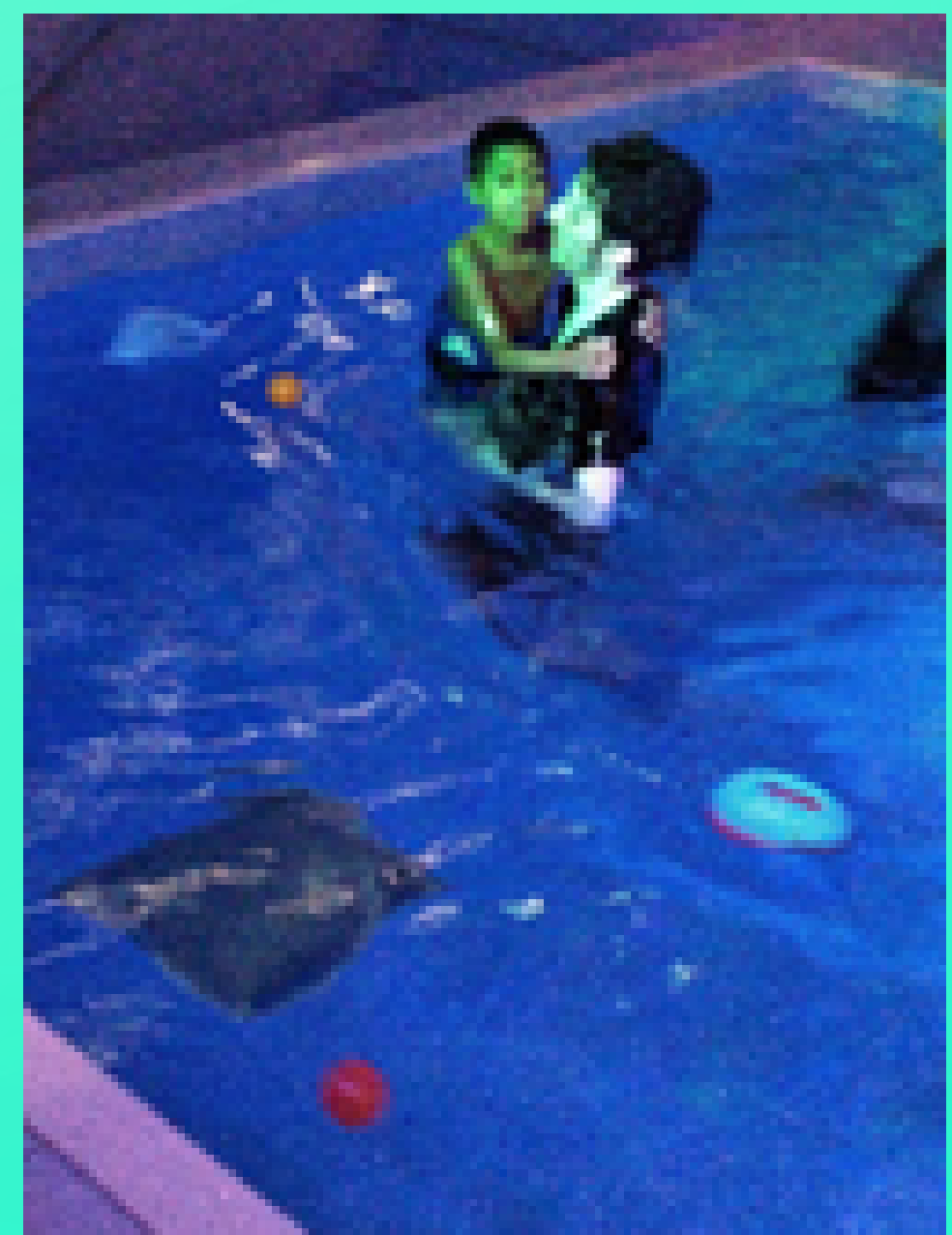
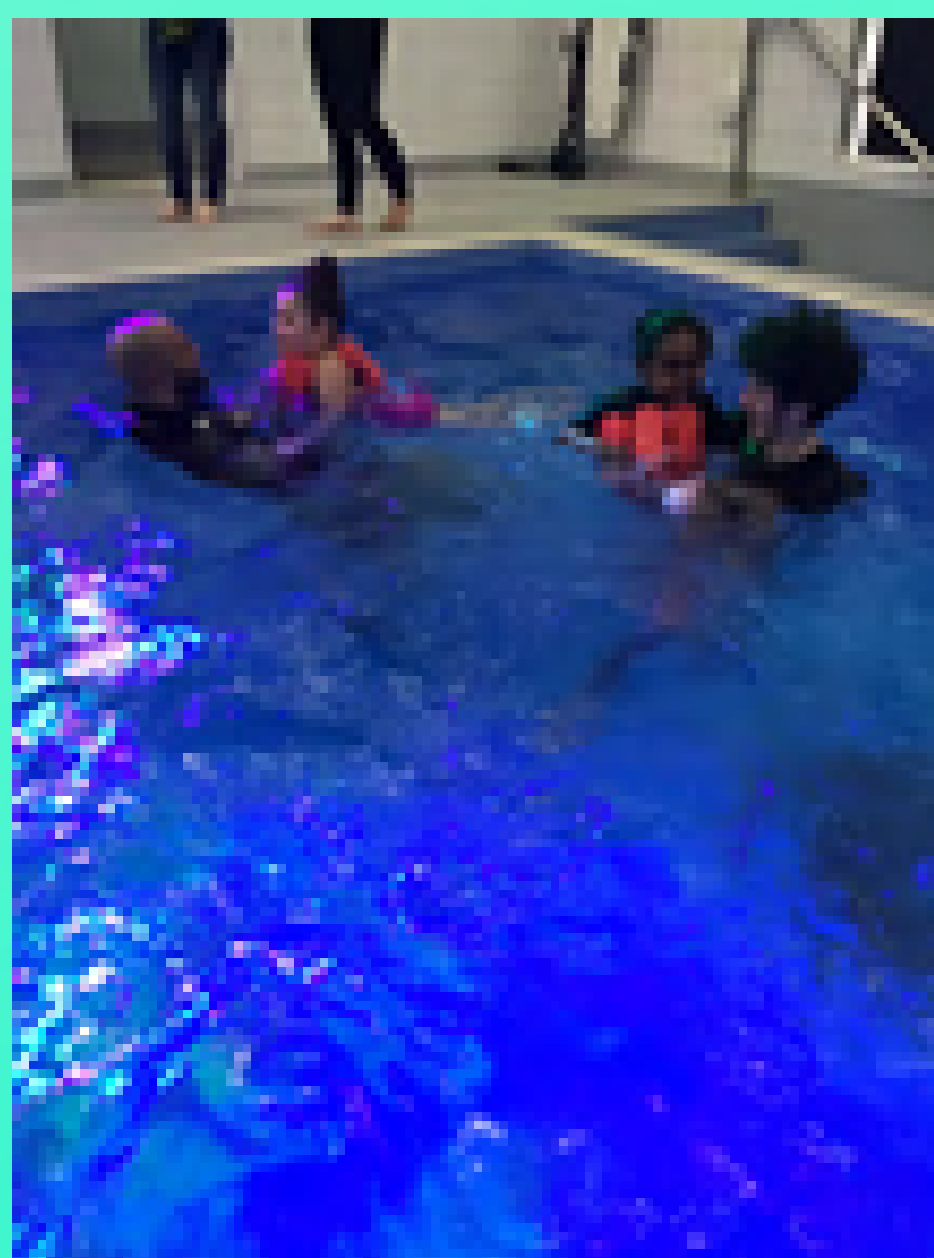
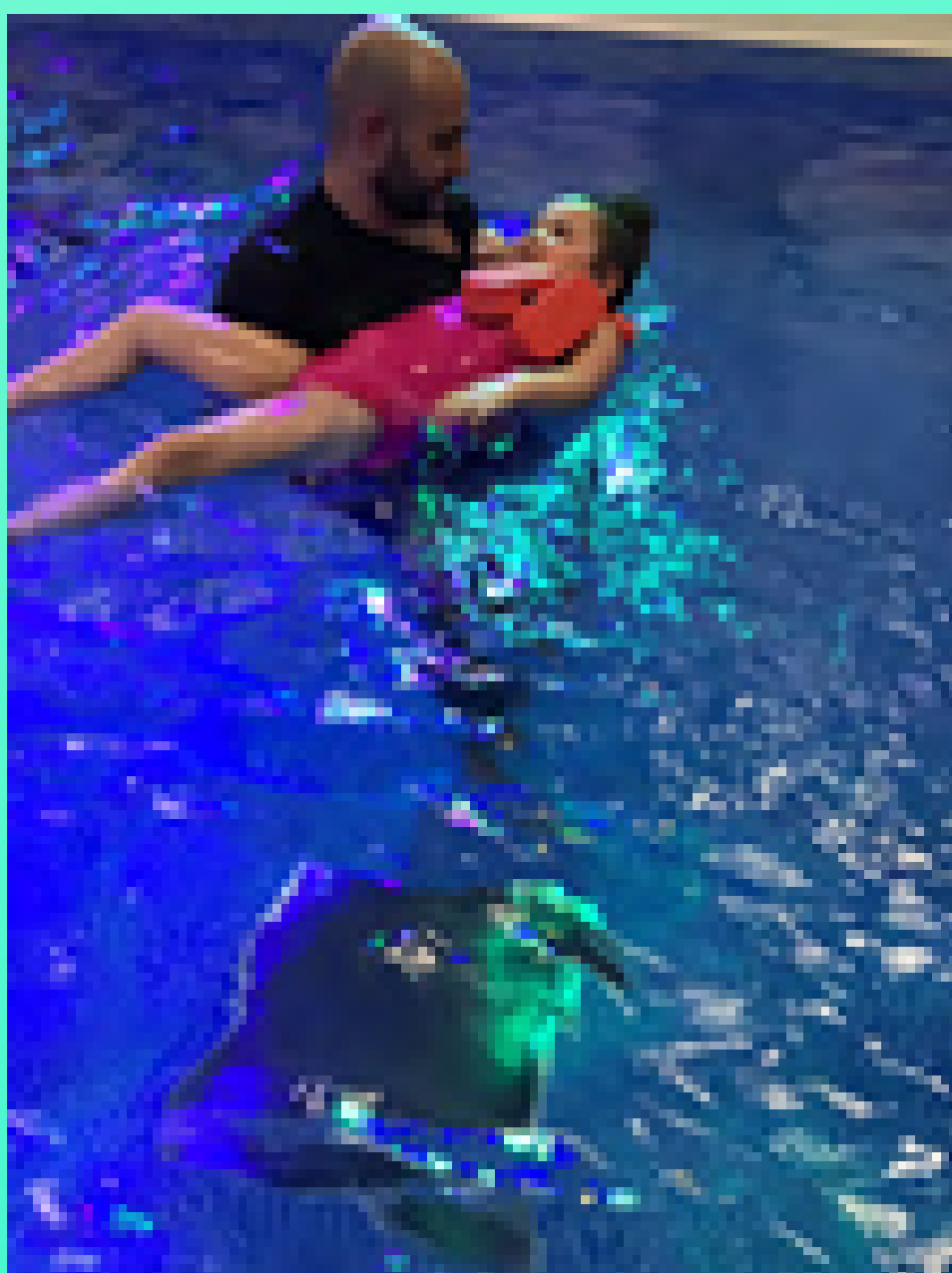
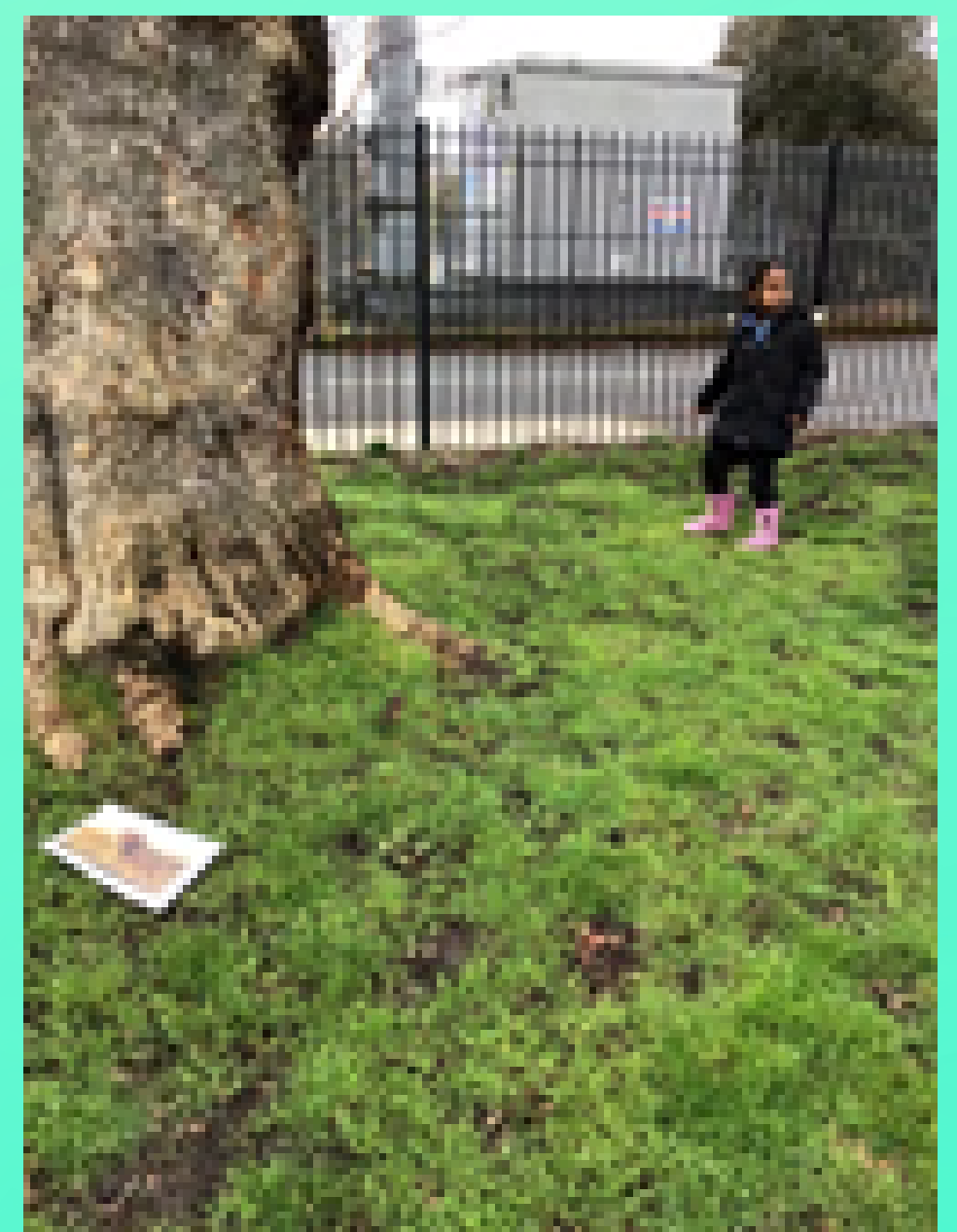
*By Nova Class*

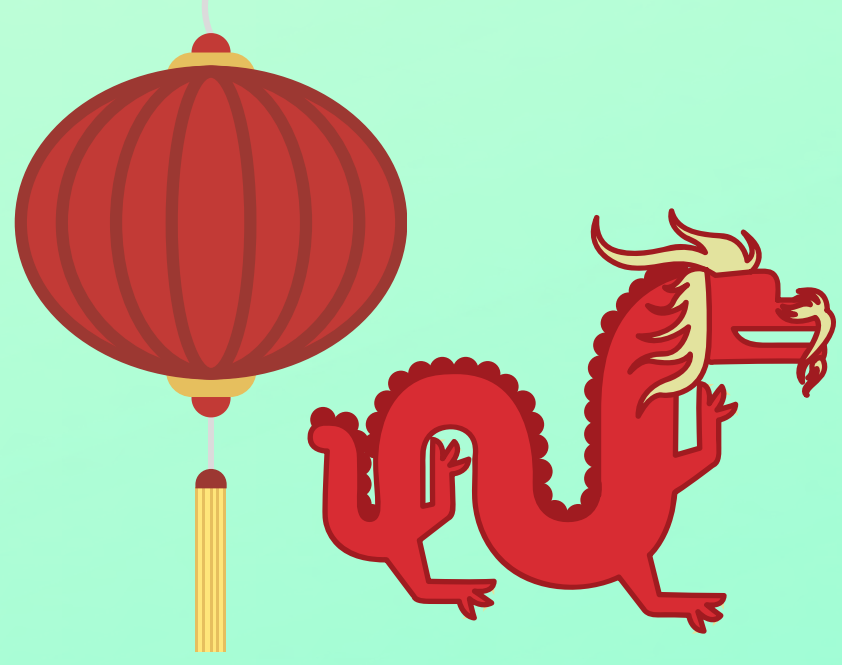


We have had a busy and fun-filled Spring term in Nova Class.

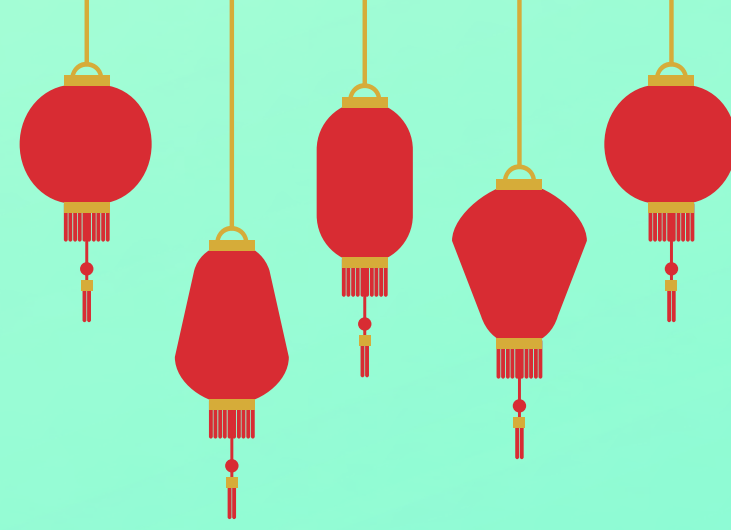
We have been trying new things - going swimming to Grey Court Hydropool and exploring a bit further afield by walking to the St Richard Reynolds field to play.

We enjoyed going on a "lion hunt" on World Book Day and searching for the lions that were hiding in the field.





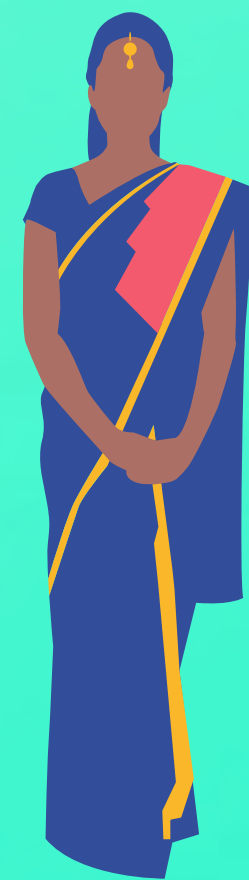
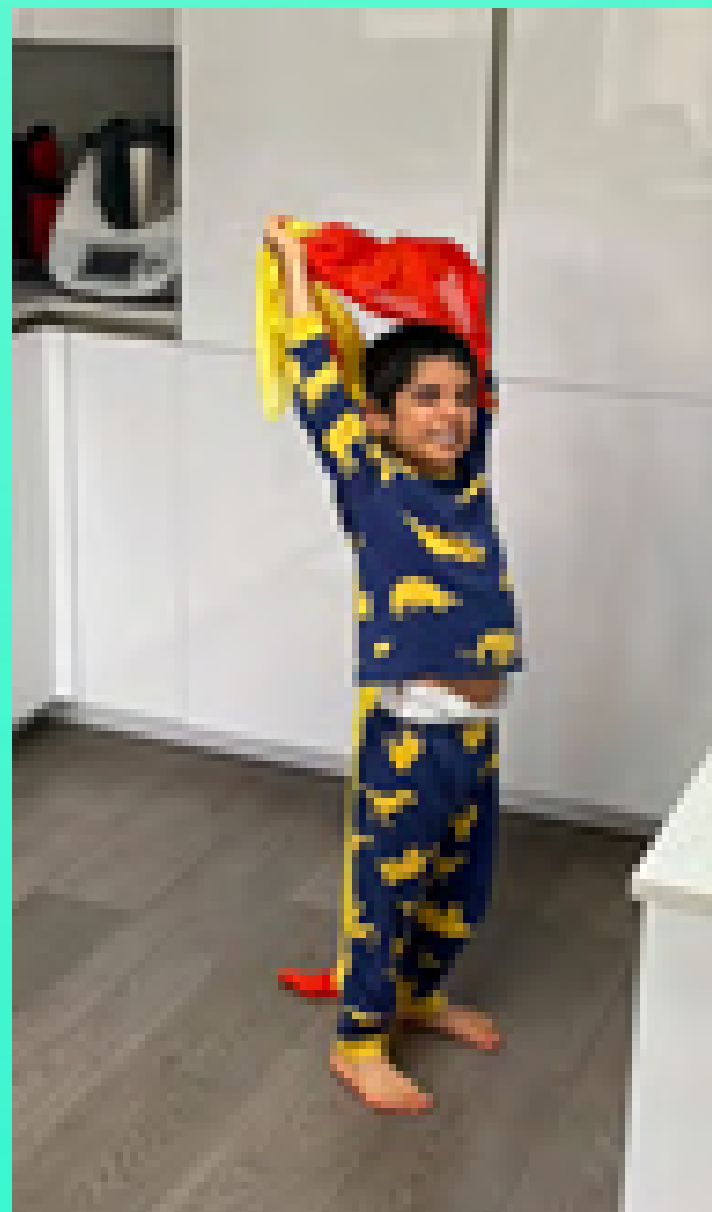
# Nova celebrate diversity



*By Nova Class*

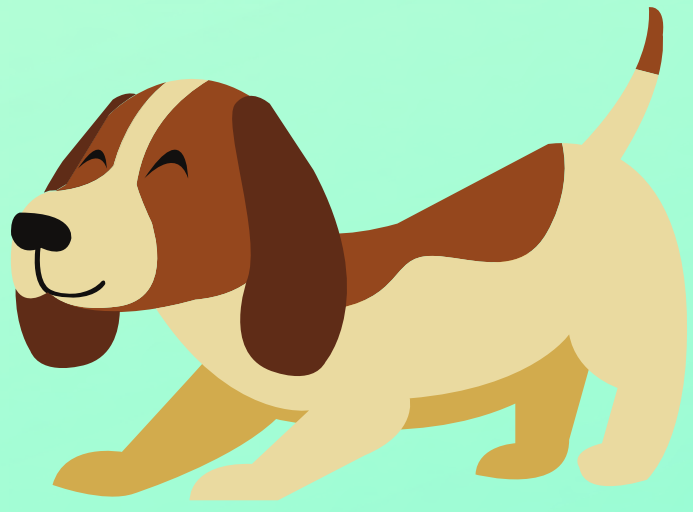
We have also been learning about and celebrating different cultures and festivals from around the world. We loved painting dragons, making drums and eating fortune cookies to celebrate Chinese New Year. We have been tasting and smelling foods and spices from around the world in our home corner. Our favourites have been watermelon and curry powder.

We loved playing and dancing with saris and Taran has been enjoying this at home too! It has been so much fun to explore and play with our friends. 😊

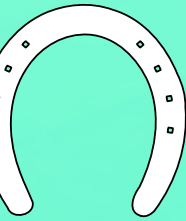
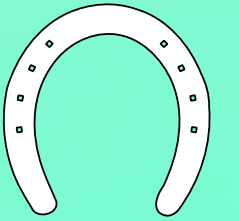


# Vega community walks

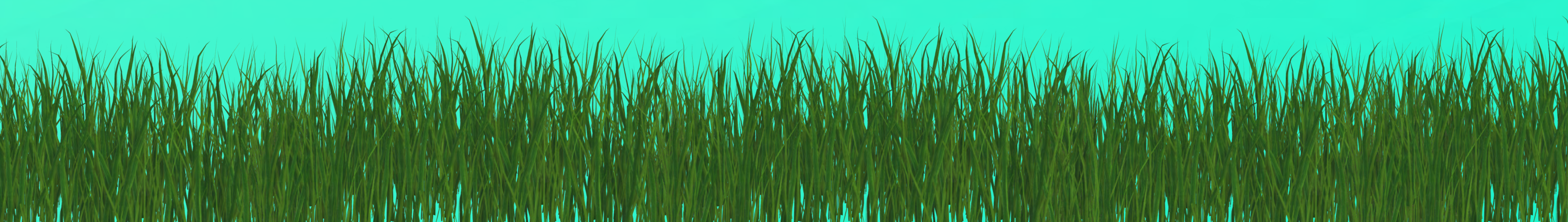
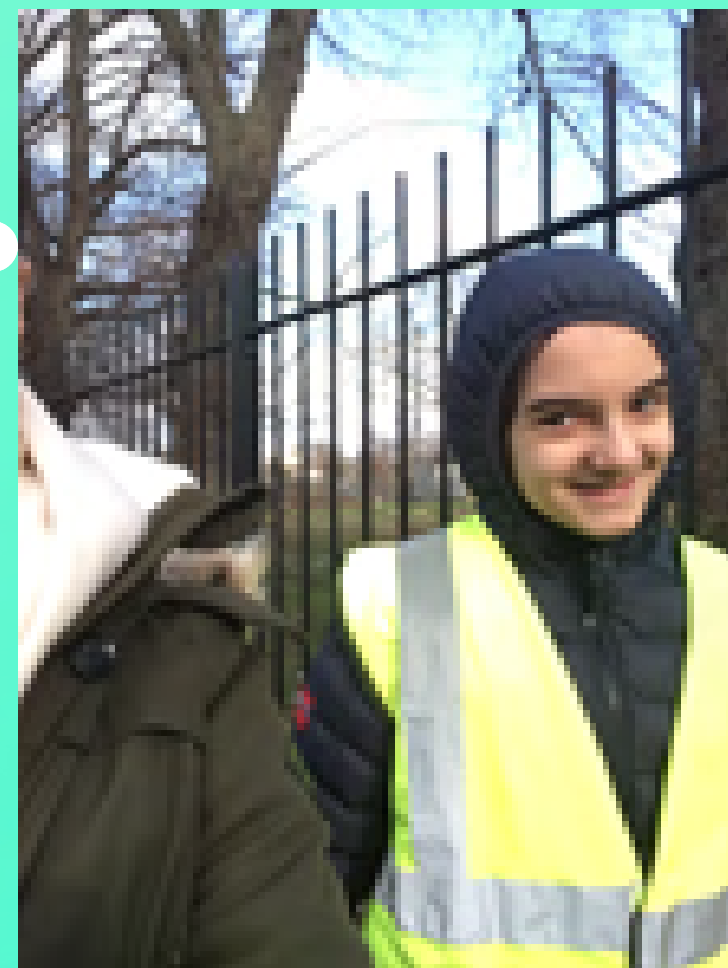
By Vega Class



Twickenham Green

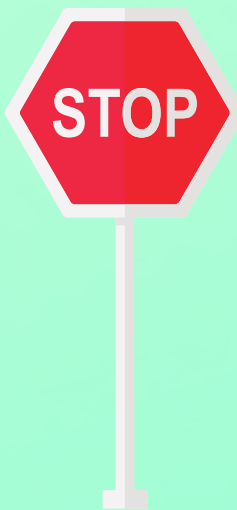


For all of our students in Vega Class, we went into the community daily. We walked to Twickenham Green and back and we used to see what we could spot on the way, such as shops, dogs, and horses. A few of the students feared dogs, but after getting familiar they became more confident and not as scared, some even managed to stroke the dogs. While out in the community the students practised their road safety. The most memorable community walk for us was when it had snowed, playing with snowballs, also seeing a horse crossing the road, and stopping to say hello to us.



# Capella Class successes

*By Capella Class*



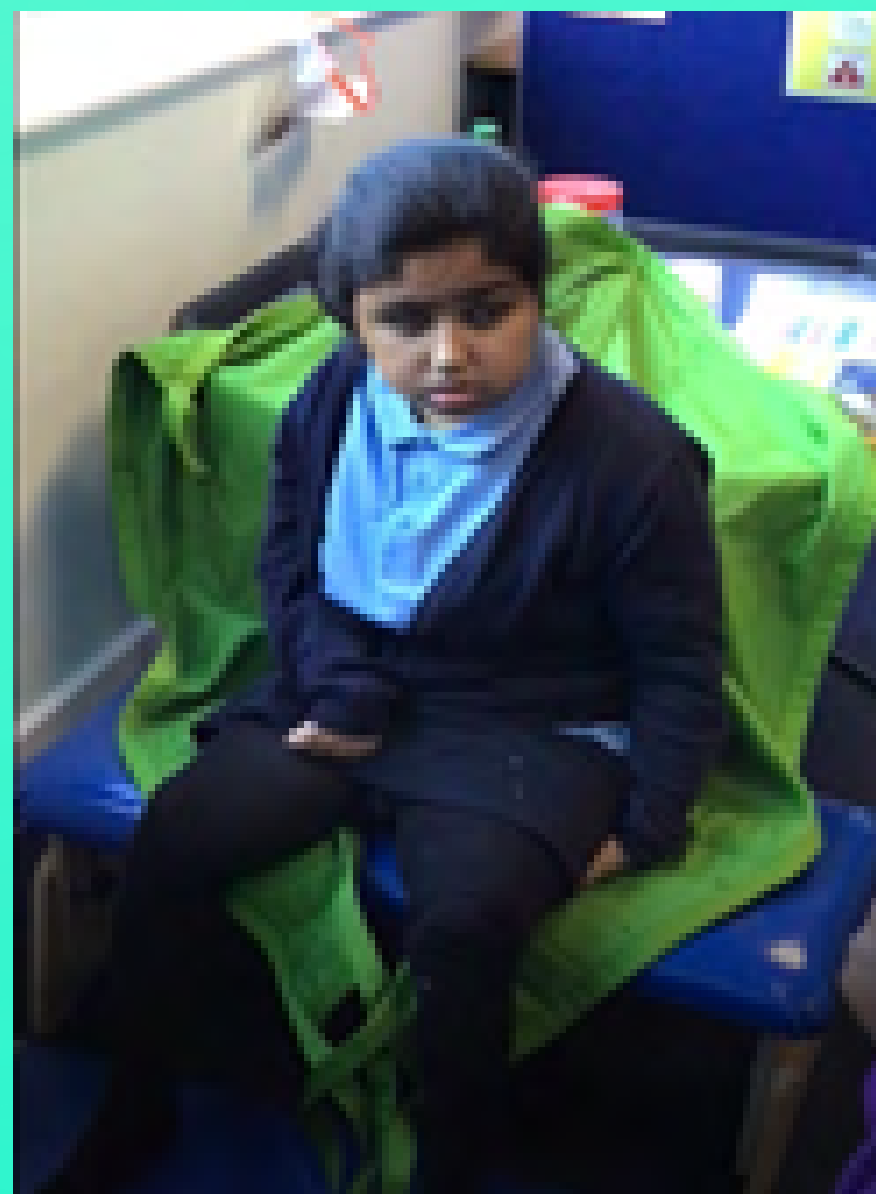
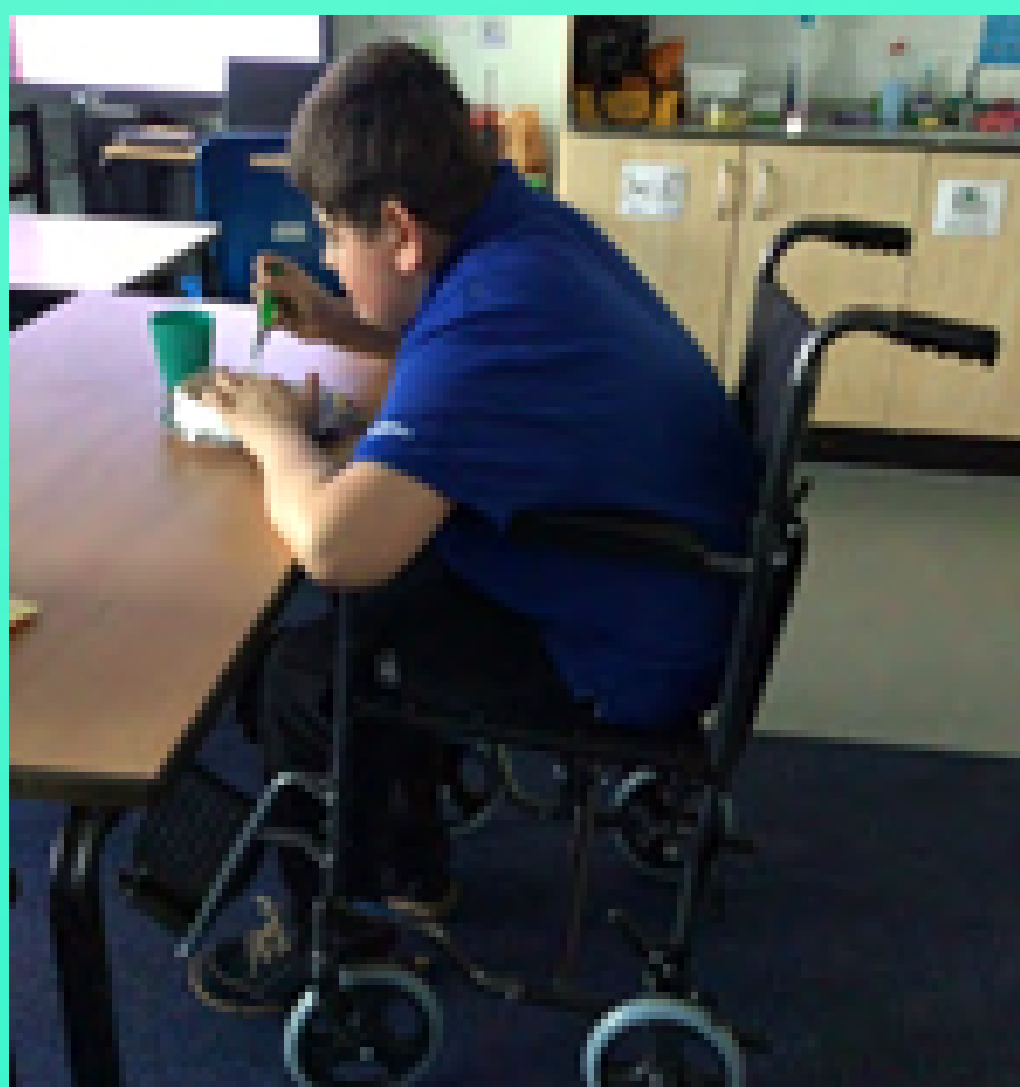
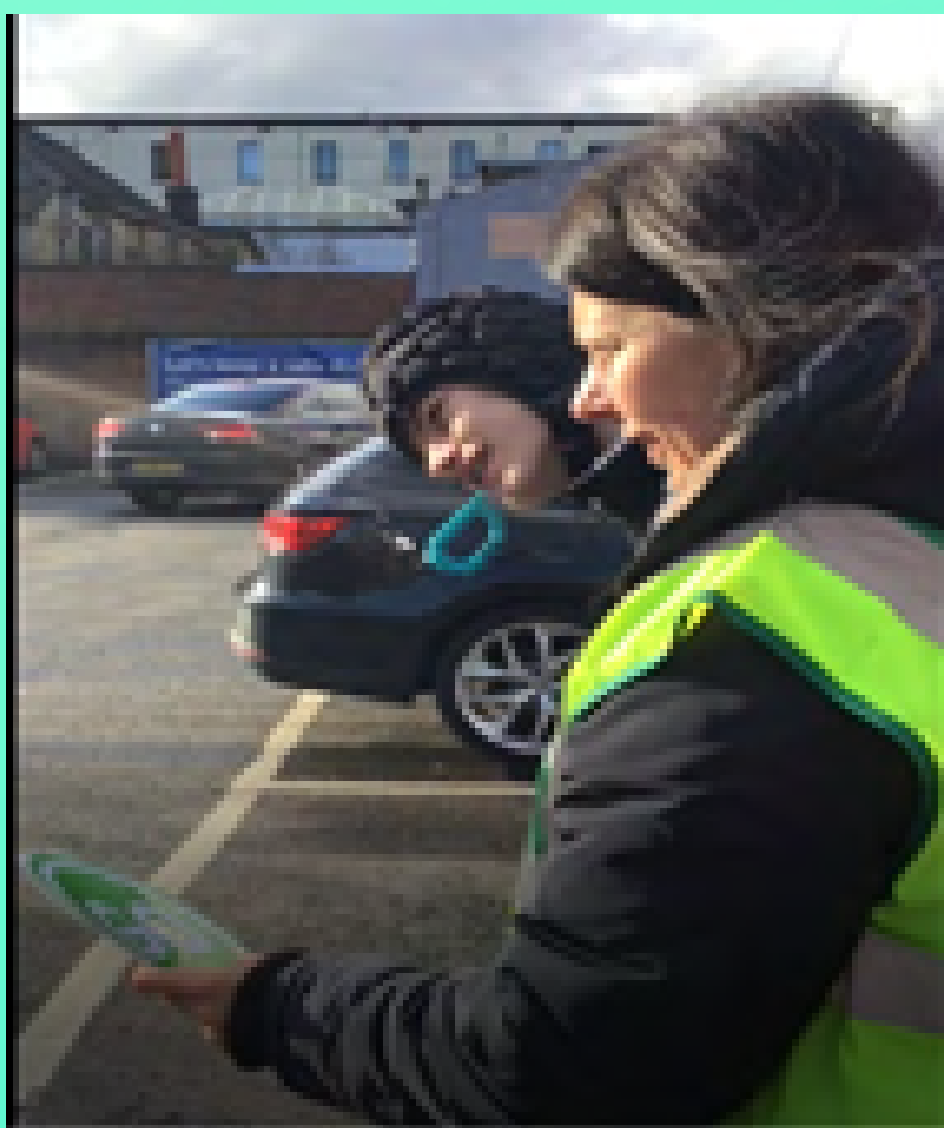
# GO!



We made Friendly Walks part of our weekly routine to become healthier and increase awareness of environment. Our walks have been a great opportunity for pupils to follow instructions such as 'go' and 'stop' in context and, extend the usage of visuals in a community setting to feel more in control. Shopping is not a big challenge for one of our pupils – she actually loves it! Going to a local shop for essential goods has been a great success. Learners demonstrate high engagement when outdoors and we believe they can play a role in their community and weekly walks will help enhance social, personal, and emotional development.

New equipment (a wheelchair) was introduced to make educational visits more accessible for all our learners and played a big role in reducing unsettling emotions or fears.

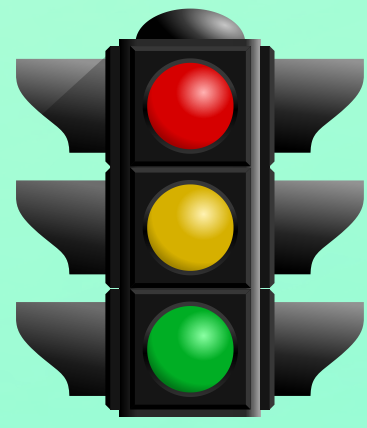
Physio aids are also suiting some needs of our learners. Unsupported sitting has engaged muscles and challenge balance in Capella pupils. Additionally, it gives a great chance to look at their world from a different view and explore the pleasures of independent sitting.



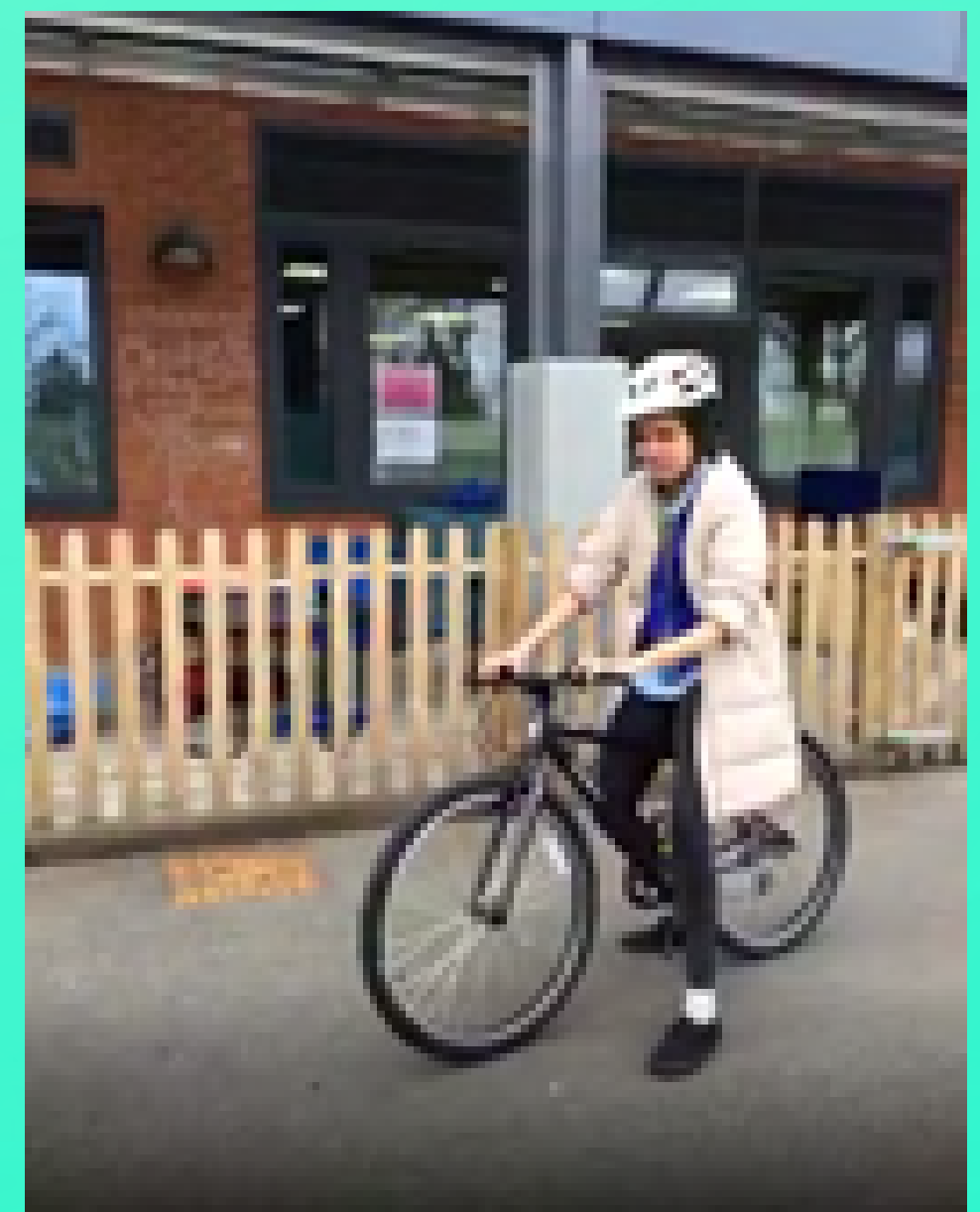


# Andromeda Class learn road safety

*By Andromeda Class*



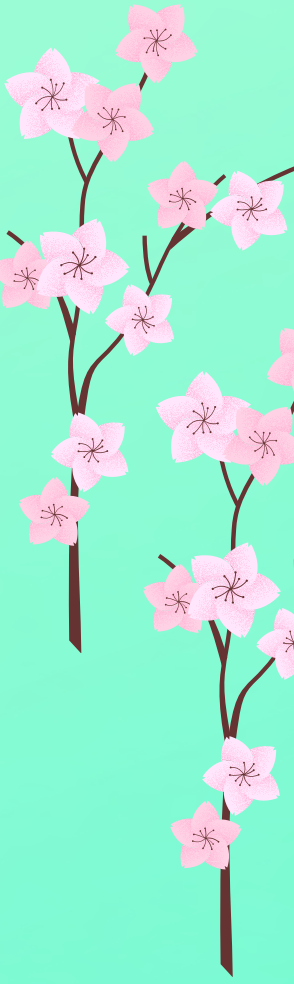
Andromeda Class have enjoyed exploring the area on some walks in the local community. We looked at a map to follow a route and we remembered how to cross the road safely. We have also had great fun using our brand new bikes. Some of us are now able to use pedals!



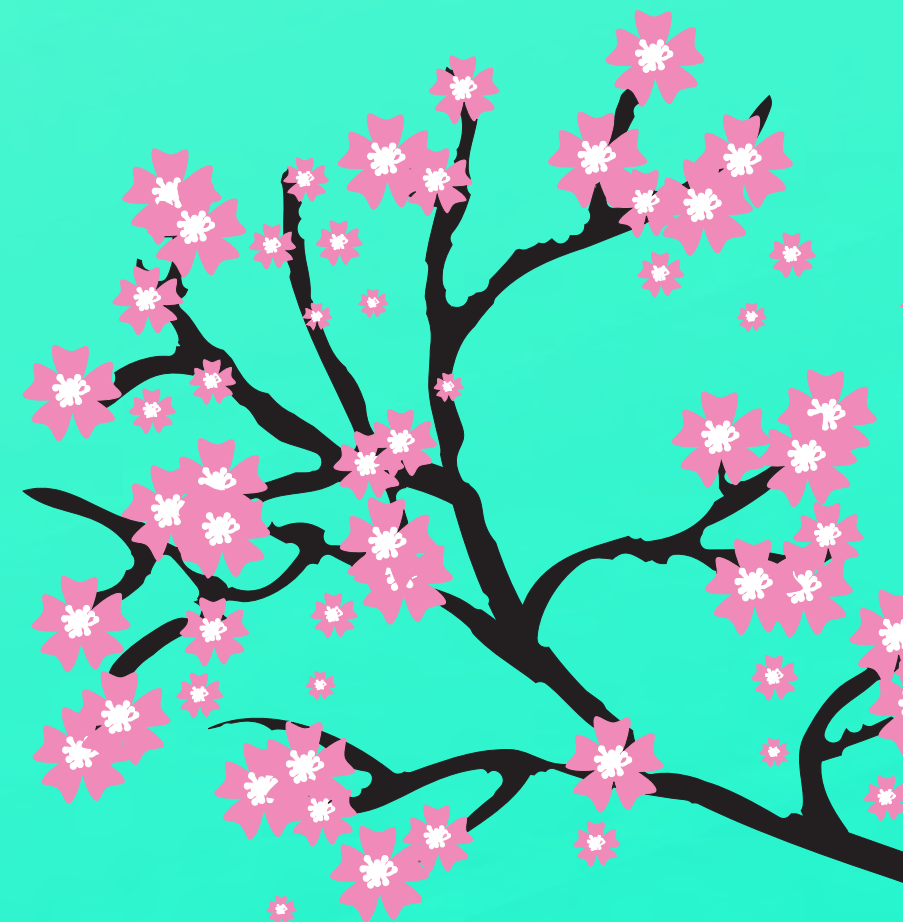
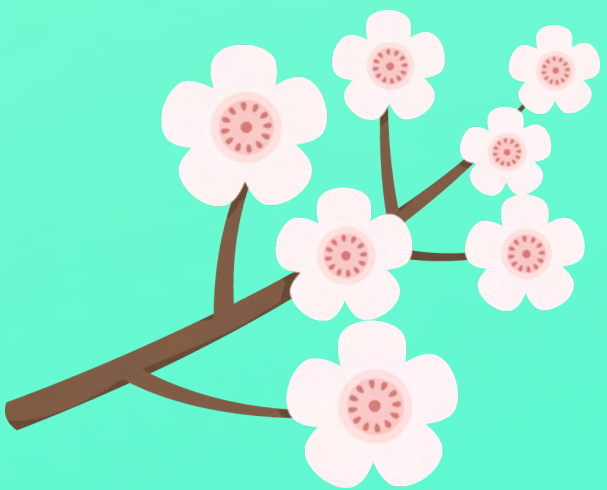
# Perseus Class out and about

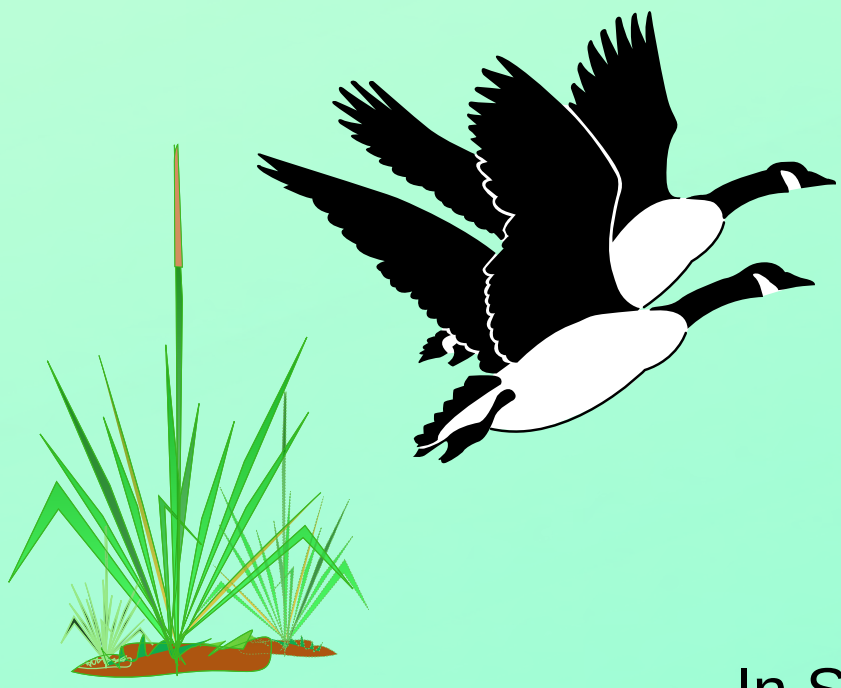


*By Perseus Class*



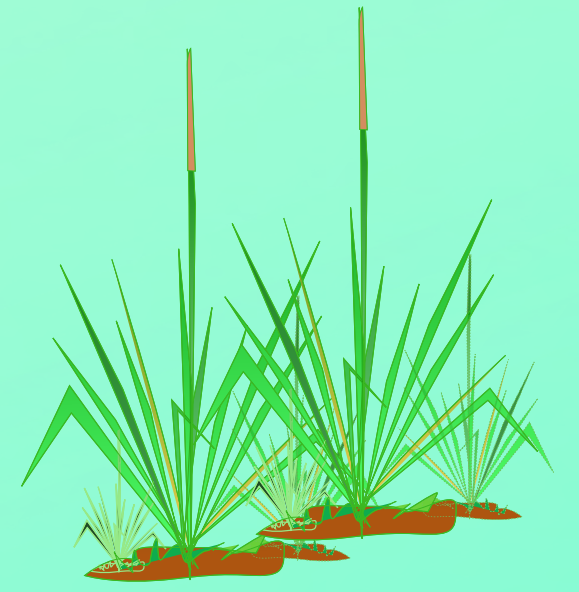
During Spring term, Perseus Class have been visiting Moor Mead Park. We have all enjoyed exploring different equipment, sharing with each other and other children and, most of all, having fun!





# Aquila community visits

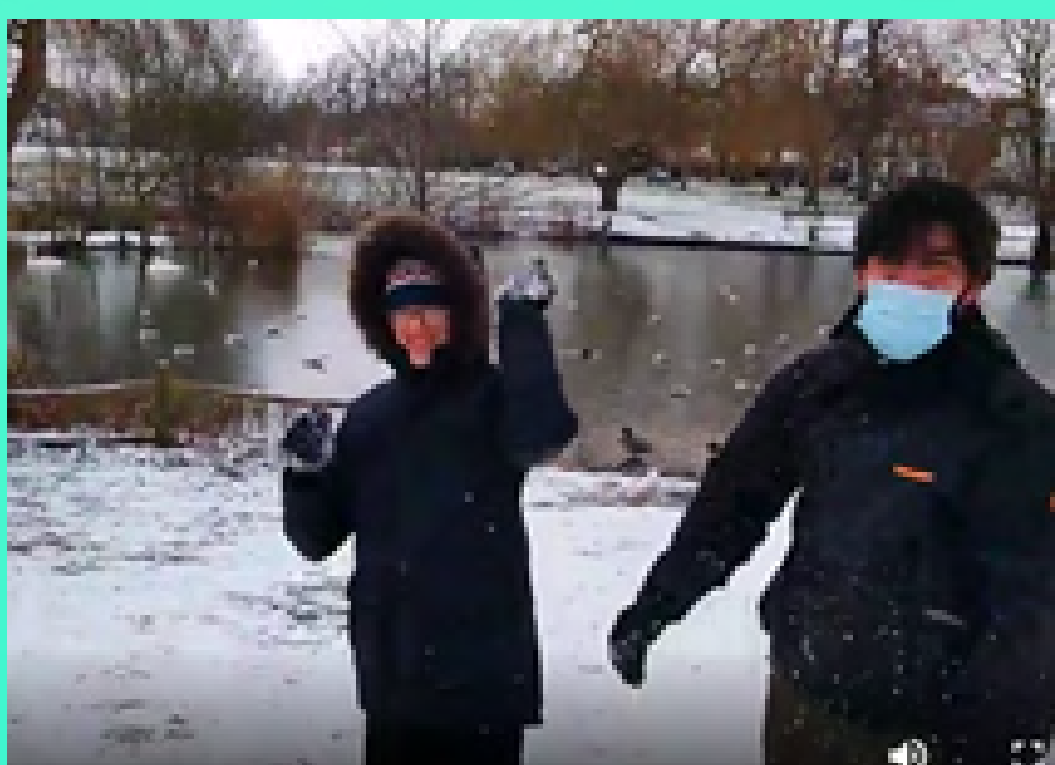
*By Aquila Class*



In Spring 1, Aquila started going on community visits.

For some of our students, it was their first out of school learning opportunity and they did very well. When going on a trip and when we are out in the community, we use our timetables and communication systems to help us. We also focus on what we can spot in the community (such as shops and the library) as well as safe crossing of the road. We have been using our outings to promote mental and physical wellbeing too.

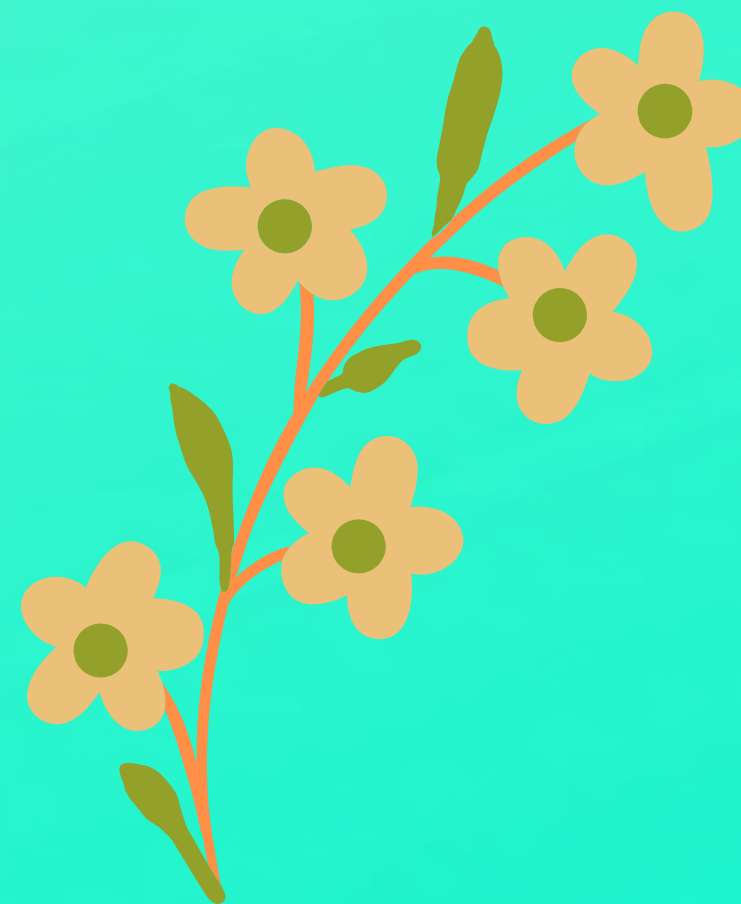
So far, we have visited Ham Village Green, Ham Common and Sandy Lane playground. The most memorable trip for us was when it had snowed, and we played by Ham Common pond.



# Pegasus exploring our community

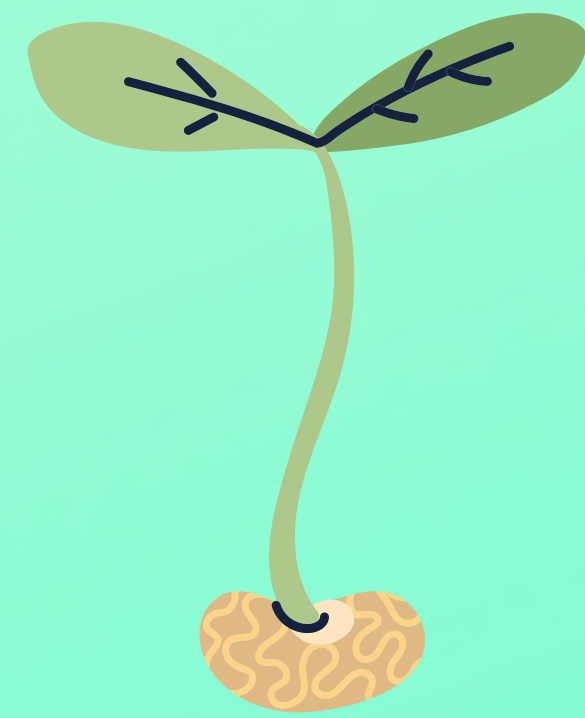
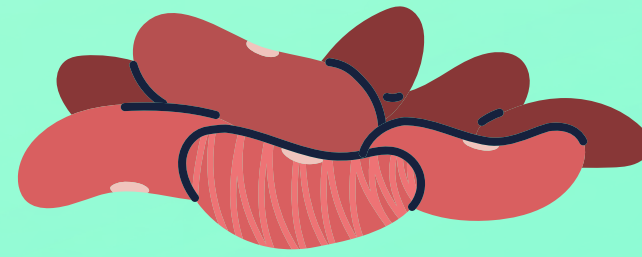
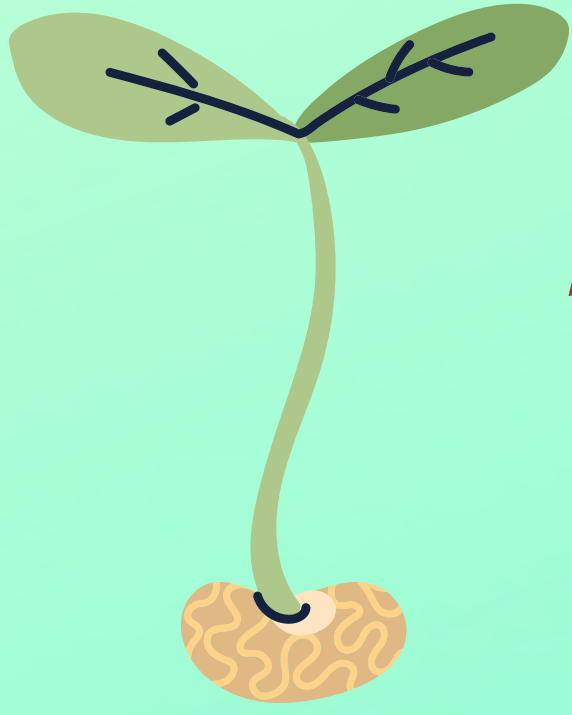
*By Pegasus Class*

Throughout this term, all of Pegasus Class have enjoyed exploring our local community in the sunshine and in the snow. We have looked at Ham House, Ham Polo Club, the riverside and the horses. Students have particularly enjoyed saying hello to one horse in particular and have been commenting on the changes in the environment as we're moving into spring.

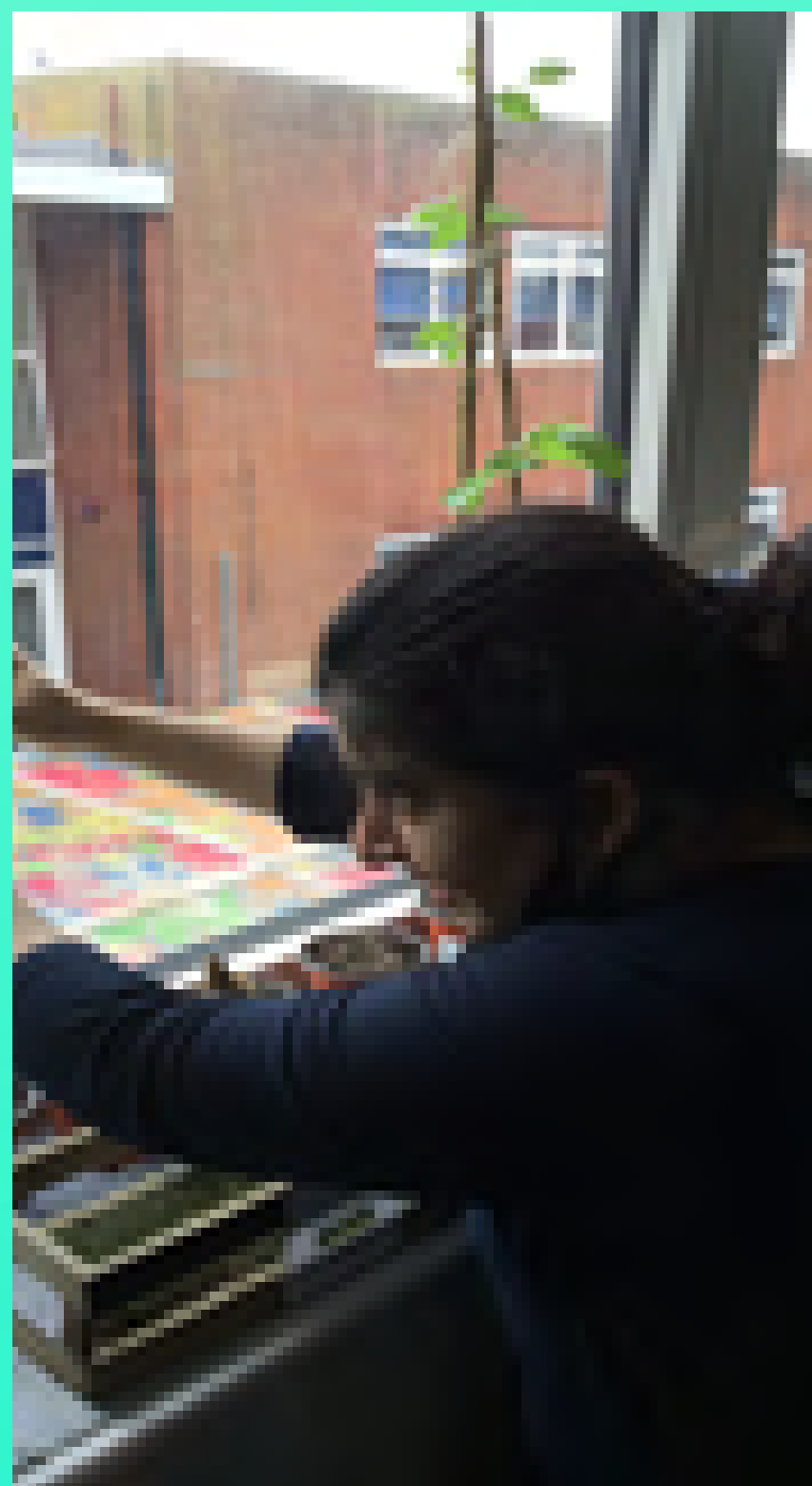


# Mira Class learn to grow seeds

*By Mira Class*



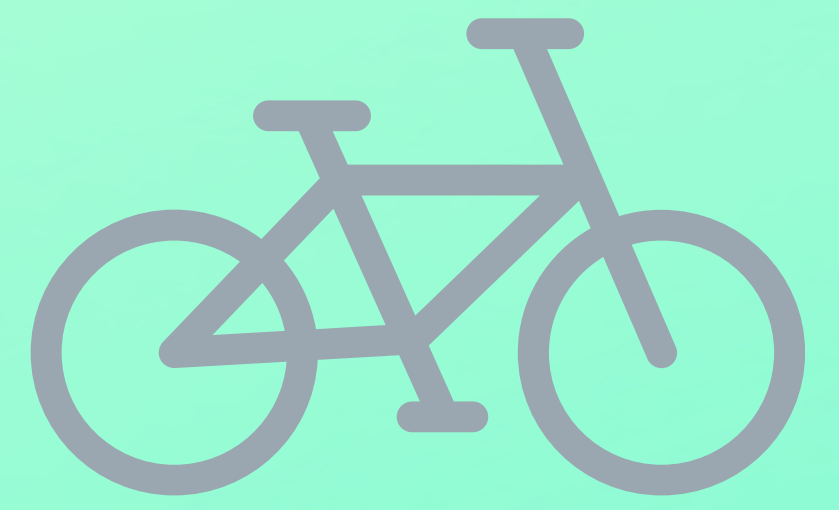
Throughout this term, Mira class have been exploring what seeds need in order to grow. We have been planting seeds, observing what happens, watering and seeing which are the tallest. Our beans are growing very tall and will soon be planted in our garden 😊.



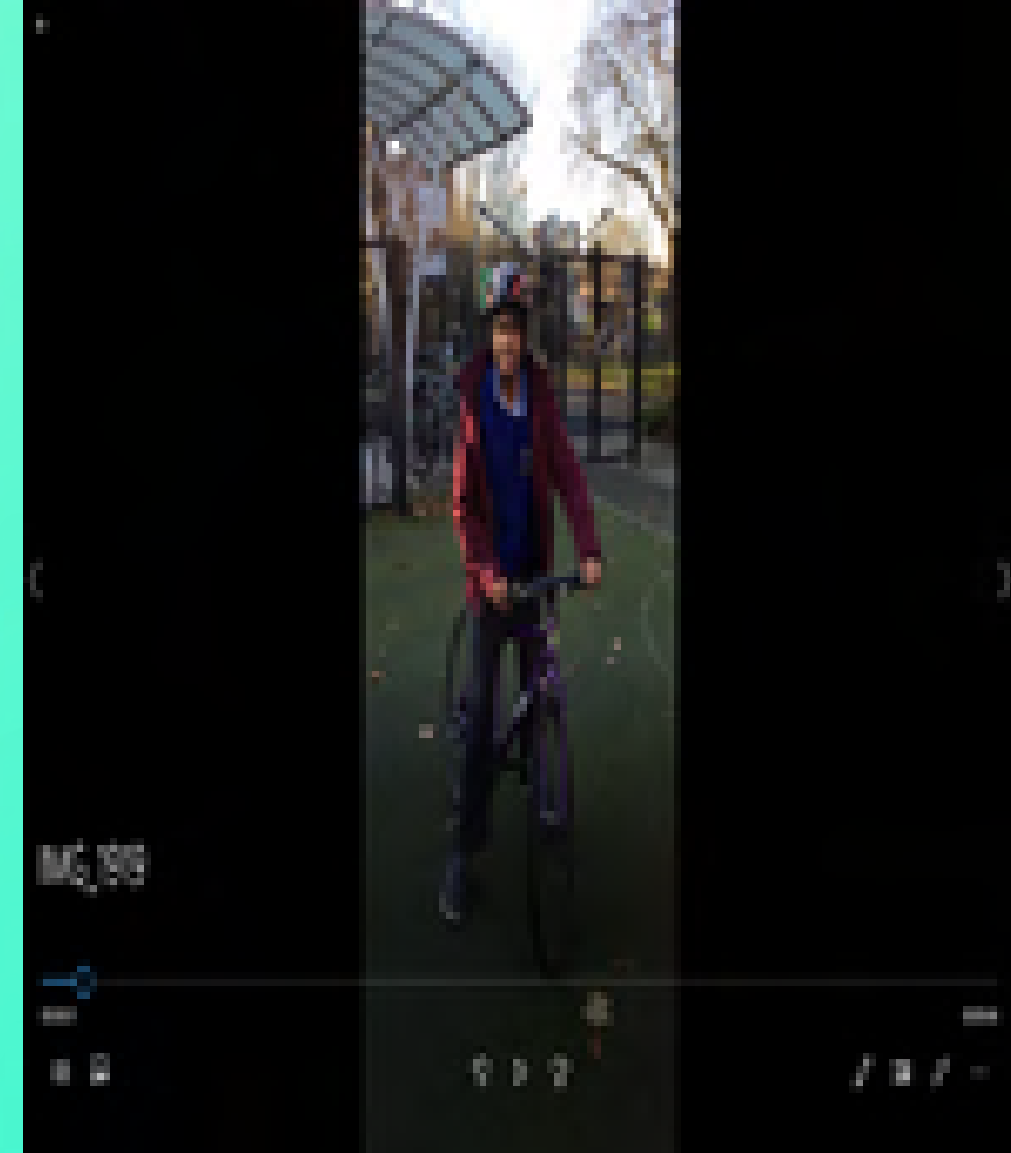
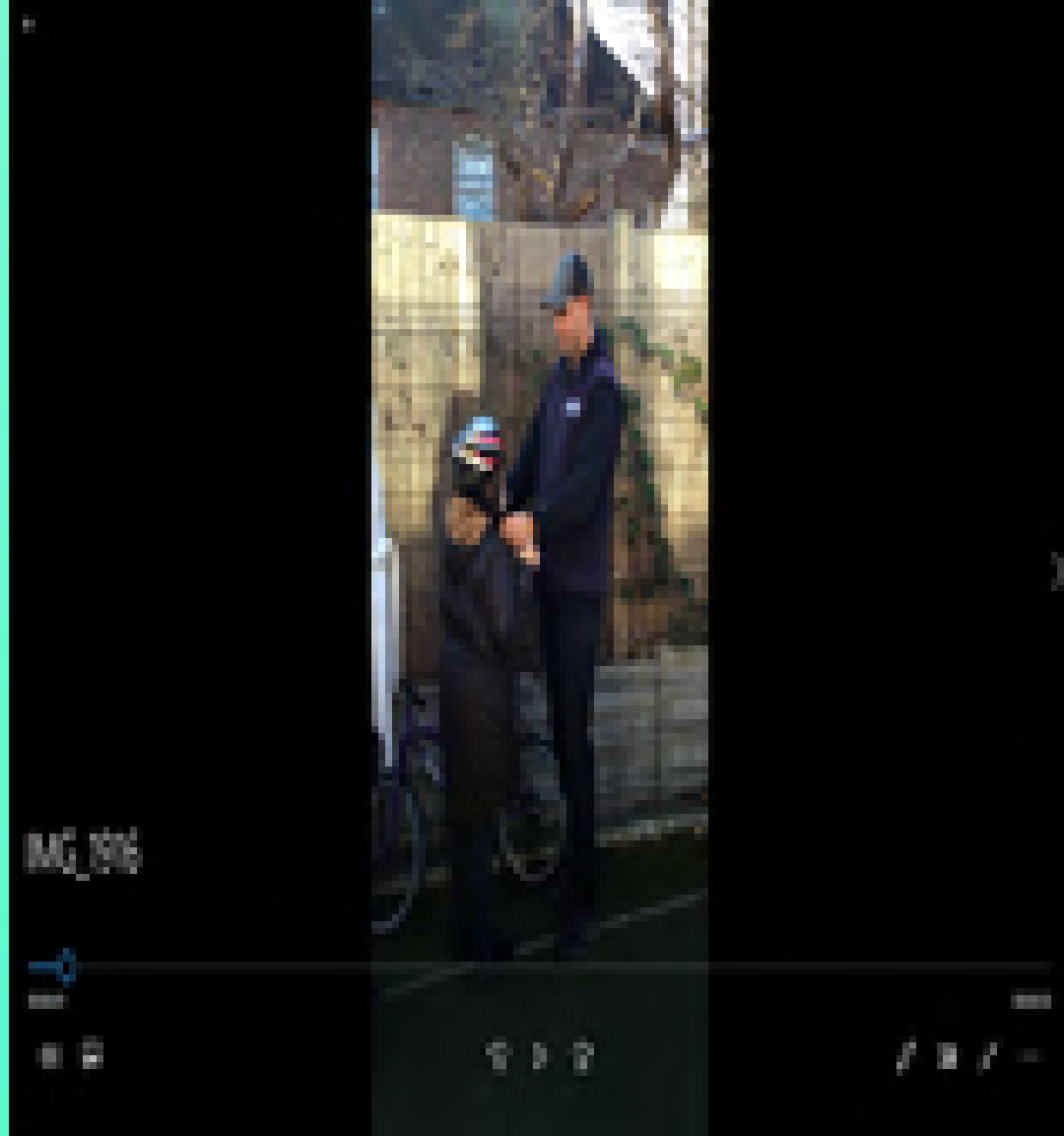
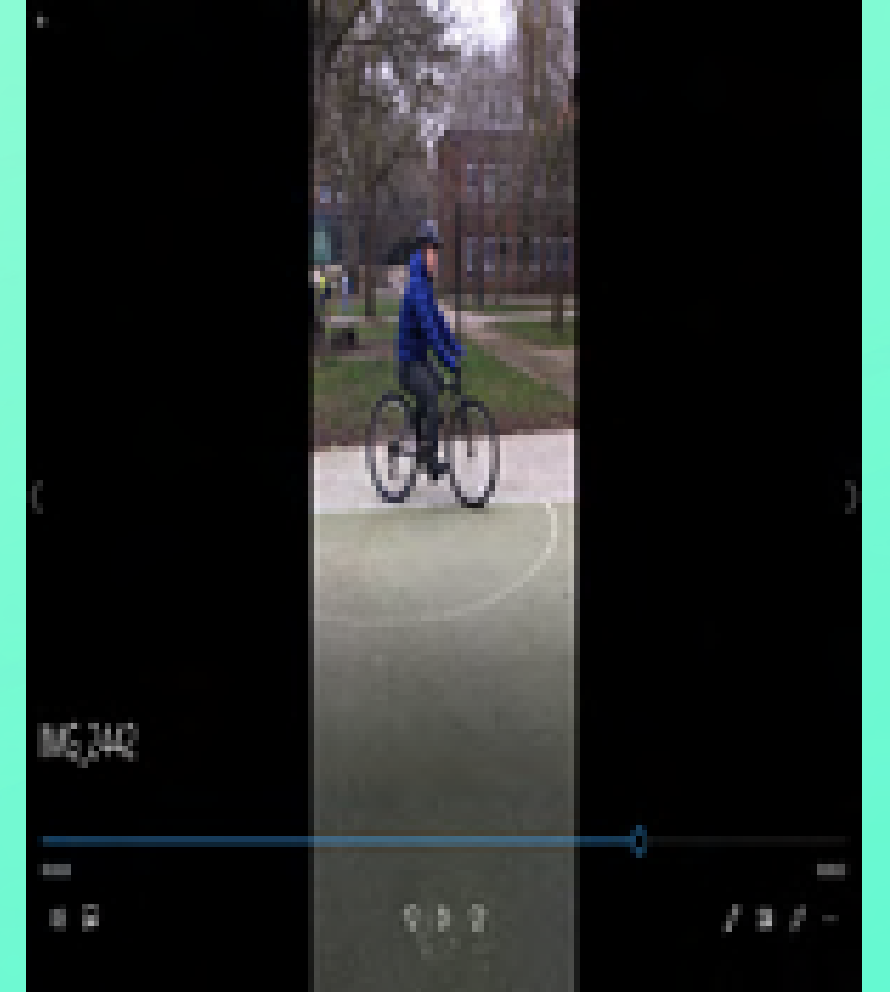
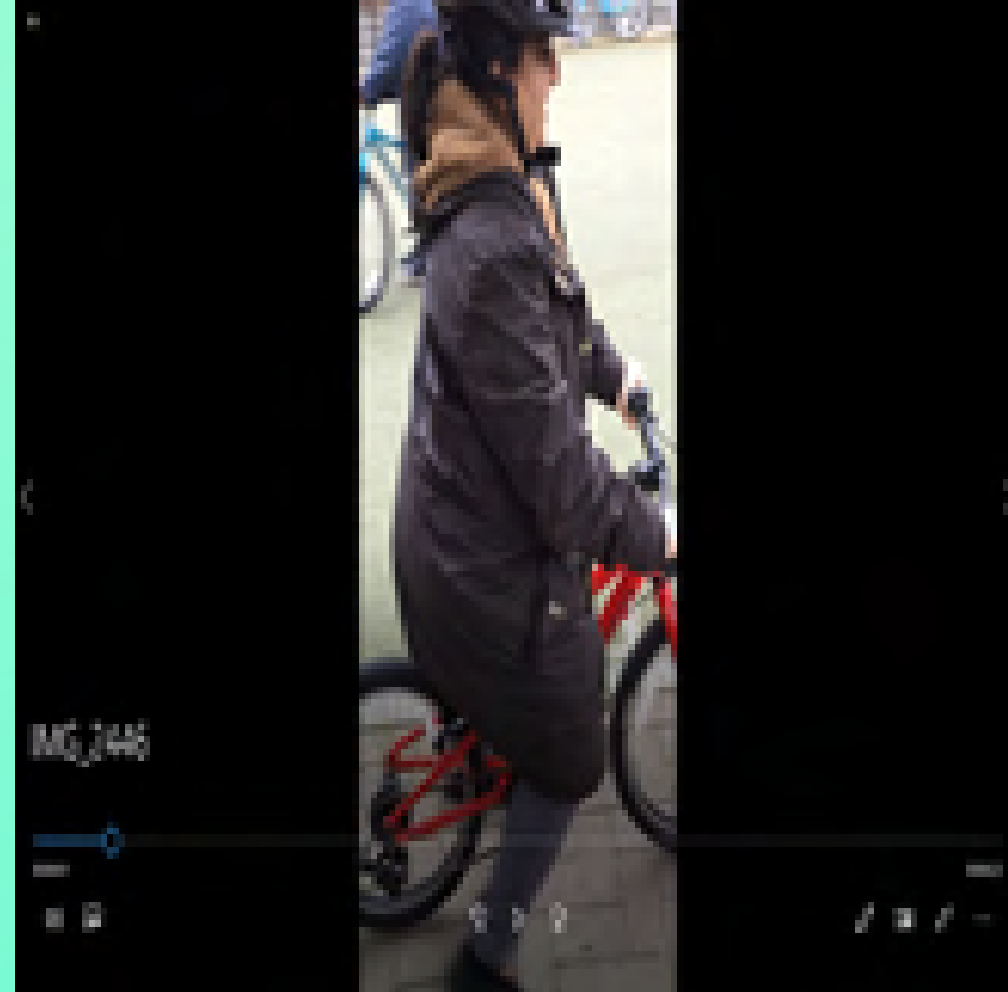
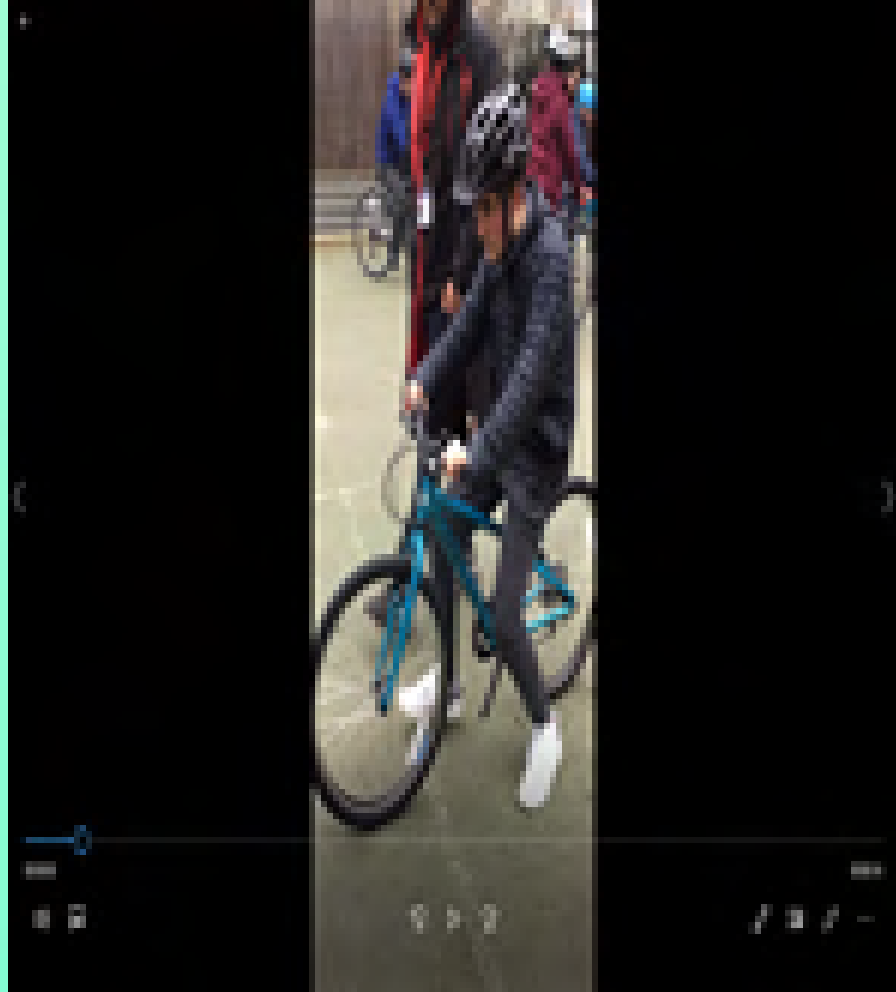


# Mira Class are cycling

*By Mira Class*



We have also been learning and exercising outdoors using balance bikes. We have been learning the importance of keeping safe by wearing a bike helmet and how to stop our bike by squeezing our brakes.



# Strathmore Student Council

The student council at Strathmore at Grey Court, Strathmore at Russell and Strathmore at St Richard Reynolds (SRR) have been very busy this Spring term. Our curriculum theme for Spring was 'It's a Wonderful World' and before the February half-term holiday, councillors gave amazing suggestions on what they would like to learn about related to this theme in the second half of term.

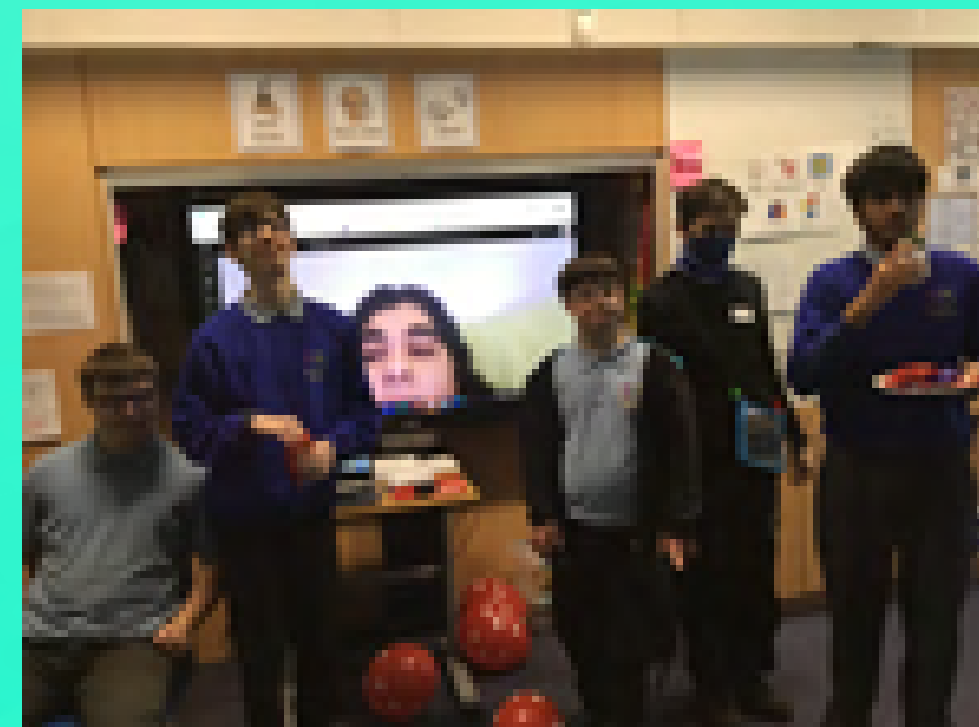
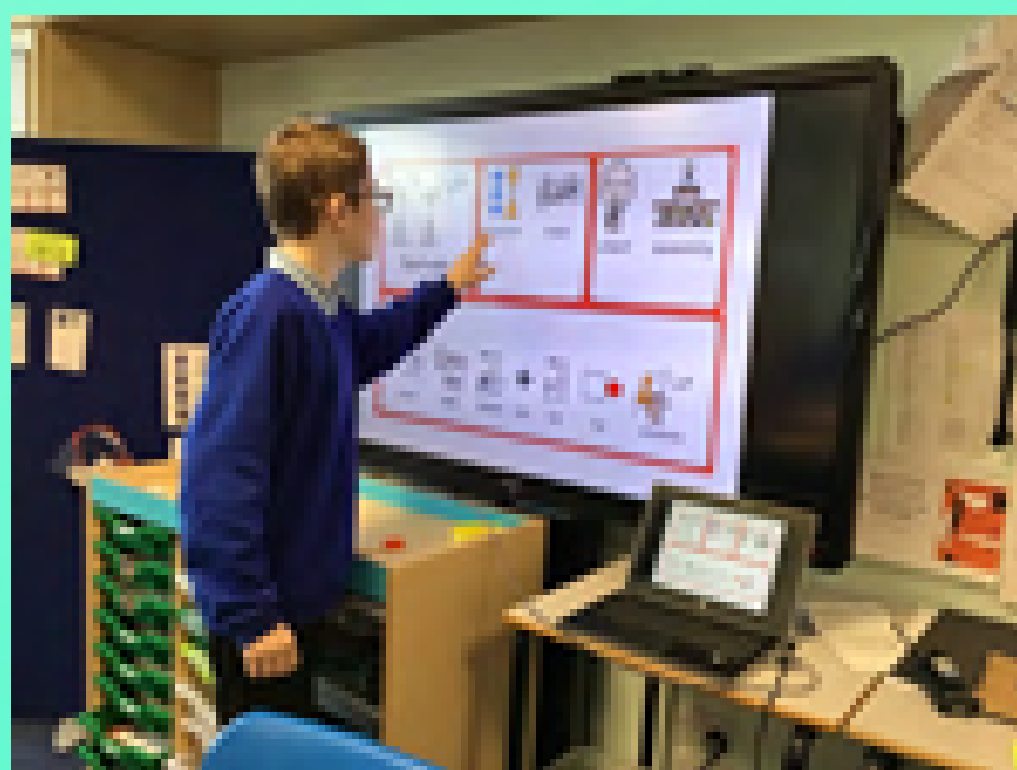
Community, friendship, languages, adventure, fashion design, music, super-heroes and space, were some of the wide-ranging ideas. These ideas were shared with teachers so they could incorporate them into their planning.

As we approached the end of the first half of Spring term, the student council planned class-based Valentine's Day friendship parties for the last day. Councillors discussed what food and drink they would like and considered plates and napkins, decorations as well as music. We created playlists of songs students liked and pupils made cards. We had a lot of fun at the parties!

In terms of other news, councillors met to discuss which lunchtime clubs they would like as well as their ideas for future assemblies and educational visits. Suggestions for lunchtime clubs included having a movie club, sports clubs involving football and running, plus dancing, art and Tac Pac.

Pupils have been enjoying our local community visits. Some of the local area trips involved walking to Ham Common and Twickenham Green. Ideas for the future included visiting a shop, a bus garage or train station, a garden centre or park, the cinema, sporting events as well as camping!

Councillors conveyed that they liked the assemblies that are taking place now and had some great ideas for the future such as silent assemblies, action songs chosen and led by students and assemblies focused on festivals and celebrations. We would like to say a big thank you to all the councillors for their commitment to the student council and all their contributions so far!





# Thanks to the Governors



The Governors kindly provided the staff of all three campuses with some treats to express their thanks for their hard work during lockdown.

The staff really enjoyed their lunch break with pizza and the delicious pastries and doughnuts.

